

EDUCATE EXPLORE EXPERIENCE



SELWYN
COMMUNITY
EDUCATION

20
18

SHORT COURSES FOR EVERYONE



SELWYN 20
COMMUNITY 18
EDUCATION

THE SELWYN COMMUNITY EDUCATION TEAM

Anne Cave (Director) ▪ Helen Carroll ▪ Mandy Beezley

Night Supervisors: Zarnie Fergusson and Clare Brooks

*We welcome you to our 2018 programme
and look forward to having you join us this year.*

3 EASY WAYS TO ENROL

Please Note: Your place is secured only once payment is received. Enrol early to ensure your place – Don't miss out!

1 ONLINE



Visit our website with secure
DPS online enrolment option
and email receipting.

www.selwyncomed.school.nz
Visa/Mastercard or bank transfer.

2 PHONE



Telephone **521 9623** with
course details and Visa or
Mastercard, or ask for our
account number for direct
deposit via internet banking.

3 IN PERSON



Our office is at Selwyn College:
**203 Kohimarama Road,
Kohimarama.**
Payment options: cash, cheque,
eftpos, Visa or Mastercard.



facebook

Join 'Selwyn Community Education'
on Facebook for the latest discounts,
specials, course changes and photos.



e-newsletter

Be one of the first to receive course
information and specials. Sign up for
our free newsletter on our home page
at www.selwyncomed.school.nz

STAY UP TO DATE!

203 Kohimarama Road, Kohimarama

Phone: 09 521 9623 Email: info@selwyncomed.school.nz

www.selwyncomed.school.nz

COURSE LIST



*Can't find what you're looking for here?
Tell us! We're always open to suggestions.*

THINK TALKS

Urban Biodiversity: Does it have value and are we losing it?	6
Understanding Your 'Cerebellar-Self' - Brains of Sharks	6
Dislocation in an Age of Connection: Refugee / Social Media	6
What's in a Dress? Male Aversion to Women's Clothing	7
Creating a Sustainable Future: The Infinite Game	7
Fake News: How they practice to deceive	7
The Value of Migration	7
Fighting for God	7
Living with Robots: Humans in a world of smart machines	8
Preventing Family Violence	8
Citizen Led Solutions to Climate Change	8
Auckland Medical Research Foundation: Medical Research	8

ACCOUNTING MARKETING & MONEY

Accounting - The Basics	9
Bitcoin 101 - The Past, Present and Mechanics of Bitcoin	9
Creating Your Future - Life and Work After 50	9
Essential Tools to Market Your Business	9
How To Make More Money and Think Like An Entrepreneur	10
How to Master Saving and Budgeting	10
How to Start an Online Business	10
Planning A Financial Future	10
Retirement Basics - Planning to Stop Working Sooner	11
Selling Skills for Small Business	11
SEO For Small Business	11
Using Social Media To Sky Rocket Your Business	11
Xero Web Based Accounting: Getting Started	11

ART & CRAFT

- PAINTING	
Abstract Painting - For Beginners	12
Abstract Painting - Next Steps	12
Autumn Leaves in Colour	12
Botanical Drawing and Painting - Auckland Botanic Gardens	12
Painting for Beginners with Acrylics - Workshop	13
Painting with Acrylics - For Beginners	13
Painting with Acrylics - Next Steps	13
Watercolours - Introduction	13
Watercolours Workshop - Introduction	13
Wet Media - Introduction	12
Wet Media - Introduction - Workshop	13
- OTHER	
Art and Craft Movement - Morris to Lloyd Wright	21
Art of Folding Books	21
Art of Māori Flax Weaving - Raranga (@ Parnell)	14
Art of Māori Flax Weaving - The Next Step (@ Parnell)	14
Art of Paper Collage	21
Australian Indigenous Art and Culture	14
Calligraphy - An Introduction	15
Celebrate Christmas with Flowers	15
Ceramic Jewellery	15
Children's Book Illustration - Character Development	15
Children's Book Illustration - Storyboarding / Dummy Book	15
Children's Book Illustration - Techniques	16
Creating Paua Jewellery	16

Creativity and Grief	16
Découpage Under Glass	16
Découpage Your Own Garden Pot	16
Drawing for Beginners	17
Drawing For Everyone	17
Fun with Floral Design - Introduction	17
Fun with Floral Design - Level 2	17
Knitted Wire Jewellery	18
Make Your Own Beautiful Cook Island 'Ei Katu	18
Making Sculptures from Found Objects	18
Modern and Contemporary Drawing	19
Mosaics	19
Pebble Mosaics	19
Pewter Casting for Jewellery - An Introduction	18
Portrait Drawing - Exploring Faces	19
Pottery	20
Pottery Intensive Weekend Course	20
Sketching Animals at the Zoo	20
Soft Stone Sculpture	21
Talking About Art - At the Auckland Art Gallery	21
Understanding and Talking about Contemporary Art	22
Weaving Beautiful Baskets	22

CHILDREN & TEENS

- AFTER SCHOOL

Art Making - For Children (for 6-12 Years)	23
Beginners Drama (for 8-10 Years)	23
Drama Production - Level 1 (for 9-12 Years)	23
Drama Production - Level 2 (for 9-12 Years)	23
Little Chefs Cooking Club (for 7-11 Years)	24
Piano Keyboards Children - Beginners (for 8+ Years)	24
Piano Keyboards Children - Advanced (for 8+ Years)	24
Yoga - For Children and Families (for 6-10 Years)	24

- SCHOOL HOLIDAYS

Animation and Cartoons	25
Aspiring Young Cooks - Course One (for 8-12 Years)	25
Aspiring Young Cooks - Course Two (for 8-12 Years)	25
Bird Watching - for Children and Grown Ups	25
Chocolates for Halloween (for 7-13 Years)	26
Christmas Art and Craft (for 6-12 Years)	26
Christmas Cooking - with Nichole (for 8-12 Years)	26
Christmas Wreaths - Holiday Workshop (for 6-12 Years)	26
Coding and Programming (for 8-11 Years)	27
Cupcake Decorating - for Kids (for 8-12 Years)	27
Drawing for Fun (for 6-12 Years)	27
Flight and Rocketry (for 8-11 Years)	27
Fundamentals of Filmmaking (for 11-14 Years)	27
Get Real - Social and Environmental Awareness for Kids	28
Gift Wrapping and Card Making - For Children (for 6-12 Years)	28
Make Your Own Wings (for 6-12 Years)	28
Making Models - Problem Solving / S.T.E.M. (for 8-11 Years)	29
Open your Eyes to Dramal (for 8-12 Years)	29
Out Of This World - Fluoro / Glitter Sculptures (for 6-12 Years)	29
Robotic Challenge - S.T.E.M. Learning (for 8-11 Years)	29
Robotics - Level 2 (For 8-11 Years)	29
Sewing - for Children (for 9-12 Years)	30
Soap Making - for Children (for 7-12 Years)	30
Sushi Making - for Kids (for 8-12 Years)	30
Yoga - For Children and Families (for 6-10 Years)	30

COMPUTER SKILLS

Graphic Design - Beginners	31
Illustrator - for Beginners	31
Introduction to InDesign	31
Introduction to Social Media - Keeping Up with the Kids	32
Microsoft Excel - Beginners	32
Microsoft Excel - Intermediate	32
Microsoft Excel - Advanced	32
Microsoft Word - Beginners	33
Microsoft Word - The Next Step	33
Photoshop - Beginners (Weekend / night)	33
Photoshop - The Next Step	33

DETAILS, UPDATES & ENROLMENT: www.selwyncomed.school.nz

COOKING

- BASIC SKILLS

Cooking - for Beginners.....	34
Knife Skills 101 - Fish and Chicken.....	34
Knife Skills 101 - Vegetables.....	34

- CAKES & SWEETS

Baking with Chocolate - A Mother's Day Treat.....	35
Cake Decorating - The Basics.....	35
Cake Decorating - Introduction.....	35
Cake Decorating - Continuation.....	35
Making Chocolates.....	35
Making Macarons.....	36
Perfect Pastries.....	36
Traditional French Tarts.....	36

- ETHNIC COOKING

A Taste of South America.....	37
Authentic Thai Cooking - Introduction.....	37
Authentic Thai Cooking - Continuation.....	37
Cooking Authentic & Traditional Italian Food at Home.....	37
Cooking Creole.....	37
Delicious and Authentic Curries.....	38
Greek Cooking Odyssey.....	38
Hindi & Indian Sweets.....	38
Indian Cooking - Made Easy.....	38
Japanese Cuisine.....	38
Japanese Tea Appreciation.....	39
Jewish Festive Foods.....	39
Jewish Sweet & Savoury Dumplings.....	39
Korean Cuisine.....	39
Mexican Cooking Experience.....	40
Modern Middle Eastern Cooking.....	40
Moroccan Cuisine.....	40
Spanish Tapas.....	40
Turkish Cuisine.....	40

- HEALTHY EATING

Allergen Free Cooking.....	41
Allergy Friendly Baking.....	41
Ayurvedic Cooking and Nutrition.....	41
Cooking Delicious Paleo Food.....	41
Global Vegan.....	41
Healthy Kids Lunchboxes.....	42
How to Make Kombucha.....	42
Matcha 101.....	42
Raw Power.....	42
Simply Sauerkraut.....	43
Healing Kitchen.....	43

- SPECIALTY COOKING

Christmas Baking.....	44
Fantastic Fish and Seafood.....	44
Hissing and Sizzling - Barbecue Brilliance.....	44
Let's Make Beeswax Wraps.....	44
Lunch with Peta Mathias.....	45
Making Sourdough Bread.....	45
Relishes and Chutneys.....	45
The Tea Party.....	45

ESOL - ENGLISH

- DAY COURSES

Friday Conversation Club with Activities - Pre-Int' to Int'.....	48
English Conversation Club - Pre-Intermediate.....	48
English Conversation Club - Pre-Intermediate.....	48
English Conversation Club - Intermediate.....	48
English Conversation Club - Upper Intermediate.....	48
English - Elementary.....	49
English - Pre-Intermediate.....	49
English - Intermediate.....	49
English - Upper Intermediate.....	49
English Fast Track Intensive - Elementary.....	49
English Fast Track Intensive - Pre-Intermediate.....	49
English Fast Track Intensive - Intermediate.....	50

English For Work - Pre-intermediate to Intermediate.....	50
English IELTS Preparation - Intermediate to Advanced.....	50
IELTS One Week Intensive Course - Int' to Advanced.....	50
English Improve Your Pronunciation Skills - Int' to Advanced.....	50
Kiwi Culture - Intermediate to Advanced.....	50

- NIGHT COURSES

English Conversation Club - Elementary to Pre-Int' (Night).....	51
English Conversation Club - Int' to Upper Int' (Night).....	51
English - Beginners (Night).....	51
English - Elementary (Night).....	51
English - Pre-Intermediate (Night).....	51
English - Intermediate (Night).....	52
English - Upper Intermediate (Night).....	52
English - Advanced (Night).....	52
English IELTS Preparation (Night).....	52
English General IELTS Writing - Upper Int' to Advanced (Night).....	52
English for Business - Upper Int' to Advanced (Night).....	52

HEALTH, WELL-BEING & FITNESS

Allergen Free Cooking.....	53
Ayurvedic Cooking and Nutrition.....	53
Creating A Calmer You.....	53
DanceFit.....	53
Dancercise - for the 40+.....	54
De-stress and Relax through Mindfulness.....	54
Mindfulness - An Urban Retreat.....	54
Natural and Affordable Home Remedies.....	55
Self Hypnosis - for Self-Healing and Growth.....	55
Soothing Salves and Luxurious Lotions (Weekend / night).....	55
Sugar Free Living - One Day Course.....	55
Using Native Plants for Healing.....	56

- TAI CHI

Tai Chi - Elementary @ Orakei.....	57
Tai Chi - Elementary.....	57
Tai Chi - Level 2.....	57

- YOGA & PILATES

Pilates - Beginners.....	58
Pilates - For Everyone.....	58
Surya Namaskara - Salute to the Sun.....	59
Yin Yoga.....	59
Yoga - Beginners.....	59
Yoga - Continuing.....	60
Yoga - @ Orakei.....	60
Yoga - For Everyone.....	60
Yoga Nidra.....	60

HISTORY, ARCHITECTURE & SOCIETY

A Journey Up the Nile - A Study of Ancient Egypt.....	61
Ancient Greece - Trojan Horse to Alexander the Great.....	61
Australian Indigenous Art and Culture.....	61
Fashion Trends of the Past.....	61
How To Create A Sustainable Future.....	62
Let's Research your Family History.....	62
Monuments From the Roman Empire.....	62
New Zealand Art History - An Introduction.....	63
Nineteenth Century French Art History.....	63
Secrets of Italian Architecture.....	63
The Art and Craft Movement - Morris to Lloyd Wright.....	63
The Rise and Fall of the Roman Empire.....	64
Understanding India.....	64
Women in Islam.....	64

HOME, GARDEN & DIY

Art & Interior Design.....	65
Basic Car Maintenance.....	65
Celebrate Christmas with Flowers.....	65
Crash Course in Container Gardening.....	66
Creating Pawa Jewellery.....	66
Declutter and/or Downsize Your Home.....	66
Effective Planting For Your Garden.....	66

Fun with Floral Design - Introduction.....	66
Fun with Floral Design - Level 2.....	67
Gorgeous Gift Wrapping.....	67
Lampshade Making.....	67
Lampshade Making - The Next Step.....	67
Let's Make a Bokashi Compost Bin.....	68
Let's Make Beeswax Wraps.....	68
Making Soap.....	68
Mid Winter Flower Arrangements.....	68
Pebble Mosaics.....	69
Permaculture - An Introduction.....	69
Principles of Small Garden Design.....	69
Producing Vegetables and Fruit from Small Gardens.....	69
Pruning.....	69
Soft Stone Sculpture.....	70
Upholster Your Own Bed Headboard.....	70
Upholster Your Own Footstool.....	70
Weaving Beautiful Baskets.....	70
Woodwork and Furniture Restoration - Beyond Beginners.....	71
Woodwork for Beginners.....	71

INTERIOR DESIGN & TEXTILES

Art & Interior Design.....	72
Body Shape and Colours - How to look your best.....	72
Fashion Trends of the Past.....	72
Interior Design Basics.....	72
Interior Design Basics - Workshop.....	73
Interior Design - Mixing & Matching Styles incl' Shabby Chic.....	73
Lampshade Making.....	73
Lampshade Making - The Next Step.....	73
Pattern Alteration and Design.....	73
Sewing - For Beginners.....	74
Sewing Weekend - For Beginners.....	74
Sewing - Next Steps.....	74
Tivaevae - Cook Islands Quilting.....	74
Upholster Your Own Bed Headboard or Footstool.....	70

LANGUAGES & TRAVEL

- LANGUAGES

Chinese Mandarin - Beginners.....	75
French - Beginners (Level 1).....	75
French - Beginners (Level 2).....	75
French - Beginners (Level 3).....	75
French - Improvers 1 (Level 4).....	76
French - Improvers 2 (Level 5).....	76
French - Intermediate (Level 6).....	76
German - Beginners.....	76
German - Improvers.....	76
Hindi - Beginners.....	77
Hindi - Continuation.....	77
Italian - for Travellers.....	77
Italian - Beginners.....	77
Italian - Continuation.....	77
Japanese - For Travellers (Beginners).....	77
Spanish - Beginners (Level 1).....	78
Spanish - (Level 2).....	78
Spanish - (Level 3).....	78
Spanish - (Level 4).....	78
Spanish - ¡Practicar Conversación Español! (Level 5).....	79
Te Reo Māori - Introductory (Level 1).....	79
Te Reo Māori - (Level 2).....	79
Thai - For Travellers.....	79
The Art of Conversation.....	79

- TRAVEL

At Home On The Road.....	80
Travel Writing - with Yvonne van Dongen.....	80
Understanding India.....	80
Walking the Camino de Santiago.....	80
When In Northern Italy.....	81
When In Rome.....	81
When In Southern Italy.....	81

LIBRARY TALKS

Ancient Greece.....	82
The Rise and Fall of the Roman Empire.....	82
William Morris to Frank Lloyd Wright and the NZ Link.....	82
A Journey Up the Nile.....	82
Michelangelo.....	83
Writing Your Memories.....	83
Giotto.....	83

MUSIC, DANCE & DRAMA

Dance to the Music.....	84
Exploring Bob Dylan.....	84
Guitar - Blues - Beginners.....	84
Guitar - Blues - Level 2.....	84
Guitar - Popular.....	85
Hawaiian Moves and Island Grooves (@Parnell).....	85
Parnell Prima Donnas.....	85
Piano Keyboard Adults - Beginners / Advanced.....	85
Reggaeton Dancing - Introduction.....	86
Salsa and Bachata Dancing - For Beginners.....	86
Selwyn Community Arts Theatre (SCAT).....	86
Shake, Rattle 'n' Roll.....	86
The Beatles - Before, Behind and Beyond.....	86
Ukulele - For Beginners.....	87
Ukulele - The Next Step.....	87
Ukulele - Intermediate.....	87
West Coast Swing - For Over 50's.....	87

PERSONAL DEVELOPMENT

Body Shape and Colours - How to look your best.....	88
Creating A Calmer You.....	53
Develop Rapport and Improve Your Communication.....	88
How to Teach Adults (Day).....	89
Identifying Powerful Daily Habits - (Te Kore).....	89
Introduction to Freud and Jung.....	89
Introduction to Psychology.....	89
Memorising Made Easy.....	90
Memory and Study Skills - for Students.....	90
Selling Skills for Small Business.....	90
Speaking with Confidence.....	90
The Art of Conversation.....	90

PHOTOGRAPHY

DSLR Cameras - Beginners.....	91
DSLR Cameras - The Next Level.....	91
DSLR Cameras - Creative.....	91
DSLR Cameras - Beginners Workshop.....	91
Introduction to Flower Photography.....	92
Landscape Photography.....	92
Photography: Celebrating the Auckland Domain Seasons.....	92
Street Art Photography.....	92

TOURS & WALKS

Gibbs Sculpture Farm Visit (Day).....	93
Historic Auckland Walks - Guided Auckland City Walk.....	93
Sculptures & Murals - in the Central City.....	93
The Architecture of the CBD.....	94
The Geology, Volcanoes and Landforms, Northland, Auckland.....	94
West Auckland Art Tour (Day).....	94

WRITING WEEKEND

Family Stories to Fiction.....	95
Fundamentals of Creative Writing.....	95
How to Review a Book.....	95
Moments, Memories and Milestones.....	95
Poetry For Everyone.....	95
Travel Writing - with Yvonne van Dongen.....	95
Using Cartoons to Tell Your Story.....	95
Writing Children's Picture Books.....	95

THINK TALKS



Our very popular **THINK**Talks! continue in 2018 with a series of talks given by specially invited speakers.

Called on to be fresh, riveting and original, these speakers will ignite your curiosity and challenge your perspective on matters of substance, before responding to your comments and questions from the floor.

With a similar format to TED Talks, this series will be sure to spark some crisp debate.

There is a \$5 entry fee payable on arrival at the door.

For more information on the speakers please visit our website.

URBAN BIODIVERSITY: DOES IT HAVE VALUE AND ARE WE LOSING IT?

Speaker: Dr Margaret Stanley - Senior Lecturer, Centre for Biodiversity & Biosecurity, School of Biological Sciences, University of Auckland.

Cities and other urban areas are often associated with a lack of biological diversity. However, this is far from true. Research shows there is a huge amount of biodiversity living within our cities. In her talk, Dr Margaret Stanley will discuss the importance of urban biodiversity in Auckland.

Tuesday 27 February 7:30pm - 8:30pm

UNDERSTANDING YOUR 'CEREBELLAR-SELF' - INSIGHTS FROM THE BRAINS OF SHARKS

Speaker: Professor John Montgomery - Former Director of University of Auckland, Institute of Marine Science; Current Principal Investigator Centre for Brain Research.

What is the cerebellum and why does it contain 80% of the brain's neurons while it only makes up 10% of the brain? In his talk, Professor John Montgomery will discuss his work on the cerebellum-like structures of the shark brain and what has been discovered about this intriguing part of the brain.

Tuesday 27 March 7:30pm - 8:30pm

DISLOCATION IN AN AGE OF CONNECTION: REFUGEE RESETTLEMENT AND SOCIAL MEDIA

Speaker: Dr Jay Marlowe - Associate Professor, School of Counselling, Human Services and Social Work, University of Auckland.

With today's unprecedented numbers of forced migrants issues such as social cohesion, integration, national security and safety are hot topics. Political parties around the world have leveraged populist support where 'politics of fear' justify anti-immigration policies. Alongside this, accessibility to communications is transforming social networks for all including refugees. This presentation highlights these political, technological and social developments to consider in the future settlement of New Zealand.

Tuesday 10 April 7:30pm - 8:30pm

WHAT'S IN A DRESS? MALE AVERSION TO WOMEN'S CLOTHING

Speaker: Ciara Cremin - Published critical theorist who teaches sociology at the University of Auckland.

After a lifetime of looking and dressing as a man, in 2015 Ciara Cremin arrived at work at the University of Auckland wearing a blouse, a skirt and makeup. The sociology lecturer will be addressing in her talk questions such as why men are so reluctant to wear women's clothing and sharing her own personal story.

Wednesday 2 May 7:30pm - 8:30pm

CREATING A SUSTAINABLE FUTURE: THE INFINITE GAME

Speaker: Dr Niki Harré - On the academic staff in the School of Psychology at the University of Auckland. She also has a Sustainability leadership role in the Faculty of Science.

What are the current social structures that limit progress towards human and ecological flourishing? Niki will discuss the vital role that organisations, individuals and communities can play in creating a better world.

Tuesday 29 May 7:30pm - 8:30pm

FAKE NEWS: HOW THEY PRACTICE TO DECEIVE

Speaker: Dr Gavin Ellis - Lecturer, media consultant and researcher at the University of Auckland. Former editor-in-chief of the New Zealand Herald, weekly media commentator on Radio New Zealand National.

The idea of fake news has increasingly been in the spotlight recently. It is often driven by social media and used to either undermine individuals and institutions or make money from the advertising that is attached to it. This presentation will outline how journalists separate fake from news.

Tuesday 26 June 7:30pm - 8:30pm

THE VALUE OF MIGRATION

Speaker: Dr Francis Collins - Senior Lecturer and Rutherford Discovery Fellow, University of Auckland.

What kind of values are at the heart of New Zealand's approach to migration? Are migrants treated as people or are they only valuable because of their objectively measured qualities, skills and financial capital? This presentation addresses these questions in relation to recent changes to migration policy.

Tuesday 3 July 7:30pm - 8:30pm

FIGHTING FOR GOD

Speaker: Dr Lindsay Diggelmann - Senior Lecturer in History at The University of Auckland.

While knowing more about the historical background of modern religious conflicts may not solve them in today's world, it may help us to understand them more clearly. This talk will look back to the interactions between religious groups in the Middle Ages to show many of today's conflicts have their origins in historical eras.

Tuesday 24 July 7:30pm - 8:30pm

LIVING WITH ROBOTS: WHAT CAN HUMANS DO IN A WORLD OF SMART MACHINES

Speaker: Professor Darl G. Kolb - The University of Auckland. Pioneering theorist on socio-technical connectivity and the first 'Professor of Connectivity' in the world.

We shouldn't be worrying about what robots can do, but instead think about what they can't do to remind us what humans are capable of. Professor Kolb will discuss that rather than thinking of one being better than the other, machines and humans could co-evolve together.

Tuesday 14 August 7:30pm - 8:30pm

PREVENTING FAMILY VIOLENCE

Speaker: Cristy Trewartha - Doctoral candidate in the School of Population Health at the University of Auckland.

It's no secret that New Zealand has extremely high rates of family violence. Unfortunately, government agencies and local communities are struggling to reduce it. In her talk, Cristy will discuss The HEART Movement, an innovative approach to preventing family violence that involves grass roots community members in a long-term process of change.

Tuesday 25 September 7:30pm - 8:30pm

CITIZEN LED SOLUTIONS TO CLIMATE CHANGE

Speaker: Dr Julie MacArthur - Author and Senior Lecturer in Politics and International Relations and the Master of Public Policy program at the University of Auckland.

Climate change presents a significant challenge for policy-makers and citizens around the world. This talk will explore an innovative area of climate policy and project action: the development of citizen led energy projects. It highlights what challenges remain for us in shifting to a cleaner, greener New Zealand.

Tuesday 30 October 7:30pm - 8:30pm

AUCKLAND MEDICAL RESEARCH FOUNDATION PRESENTS: A CURRENT TOPIC IN MEDICAL RESEARCH

Speaker: Please check our website closer to November for the allocated speaker.

We will be sharing our research benefits and breakthroughs in this talk by hosting a researcher who has recently been successful in our highly competitive funding round. They will describe the clinical impact of their research, the nature of contestable funding in their work, and how their research leads to human health benefits.

Tuesday 13 November 7:30pm - 8:30pm

ACCOUNTING MARKETING & MONEY

ACCOUNTING - THE BASICS

Price: \$96

Understanding accounting concepts will help you successfully read, create and comprehend financial reporting. You will gain useful practical knowledge of accounting principles and methods. This course is designed for those new to accounting.

Wednesday 9 May 7:00pm - 9:00pm 4 week course

BITCOIN 101 - THE PAST, PRESENT AND MECHANICS OF BITCOIN

Price: \$8

Have you heard of Bitcoin but you're unsure what it's all about? This worldwide cryptocurrency and digital payment system was released in 2009 and this two hour talk will cover the history of Bitcoin, how it works and why it is such a revolutionary technology.

Wednesday 28 March 7:00pm - 9:00pm 1 evening course

CREATING YOUR FUTURE - LIFE AND WORK AFTER 50 (WEEKEND)

Price: \$105 (for two)

The old road-maps that have been used to plan our lives are out of date. We are living longer and doing it differently to previous generations. This two-part course is aimed at making sense of the changes that are taking place and equipping you to make informed choices.

Sat + Sun 16 June 9:00am - 12:30pm 2 day course

ESSENTIAL TOOLS TO MARKET YOUR BUSINESS (WEEKEND)

Price: \$147

Come and learn about social media, content creations, ROI, graphics, Google Ads and how to use them to maximise them to market your business.

Sunday 17 June 9:00am - 4:30pm 1 day course



HOW TO MAKE MORE MONEY AND THINK LIKE AN ENTREPRENEUR

Price: \$94 (for two)

Learn how to start or buy a business and make it make you lots of money! Discover the skills of becoming an entrepreneur. This course will cover many aspects of business, including how to: choose a business; get started; build your business to profitability; market and promote your service or product; keep records, and work with your accountant.

Monday	12 February	7:00pm - 9:00pm	8 week course
Monday	7 May	7:00pm - 9:00pm	8 week course
Monday	30 July	7:00pm - 9:00pm	8 week course
Monday	15 October	7:00pm - 9:00pm	8 week course

HOW TO MASTER SAVING AND BUDGETING

Price: \$89

There are two major principles to building wealth: budgeting and saving. This course has been specially designed with tried and tested true methods to show you how to make a budget that actually works and one you can naturally stick to.

Wednesday	16 May	7:00pm - 8:30pm	6 week course
-----------	--------	-----------------	---------------

HOW TO START AN ONLINE BUSINESS (WEEKEND)

Price: \$135

Find out about this rapidly growing way of doing business. Learn about getting online, market research, case studies and more.

Sunday	9 September	9:00am - 4:00pm	1 day course
--------	-------------	-----------------	--------------

MICROSOFT EXCEL - BEGINNERS / INTERMEDIATE / ADVANCED

See Computing Skills

PLANNING A FINANCIAL FUTURE

Price: \$98

The rules for successful wealth creation start with cashflow security but also follow basic economic rules that are easy to learn and follow. In this course we will consider issues such as tax structures, investments, Kiwisaver, estate planning, risk and reward, shares and property. You will leave the course with the knowledge to make informed financial decisions.

Monday	26 February	7:00pm - 8:30pm	6 week course
--------	-------------	-----------------	---------------

RETIREMENT BASICS - PLANNING TO STOP WORKING SOONER

Price: \$49

Retirement is choosing to work because we want to, not because we financially have to. This course is designed to give each student the knowledge and exposure to the different options with a licensed AFA adviser skilled in retirement planning.

Monday	21 May	7:00pm - 8:30pm	3 week course
--------	--------	-----------------	---------------

SELLING SKILLS FOR SMALL BUSINESS

Price: \$80

Come and learn the essential selling skills for small businesses in retail and service sectors. Look at do's and don'ts and how best to maximize your customer opportunities.

Monday	11 June	7:00pm - 9:00pm	3 week course
--------	---------	-----------------	---------------

SEO FOR SMALL BUSINESS (WEEKEND)

Price: \$135

An introduction to Internet Marketing and the key concepts of Search Engine Optimisation (SEO) from an organic perspective – without purchasing advertising.

Saturday	8 September	9:00am - 4:00pm	1 day course
----------	-------------	-----------------	--------------

USING SOCIAL MEDIA TO SKY ROCKET YOUR BUSINESS (WEEKEND)

Price: \$147

Facebook, Twitter, LinkedIn and Instagram. We've all heard of them, but do we really know how to unlock their full potential for enjoyment and business use? In this course, professional Social Media Consultant Clark Valmont will teach you how to promote your business, brand or dream idea on social media and get engagement that turns into real business results.

Saturday	7 April	9:00am - 4:00pm	1 day course
----------	---------	-----------------	--------------

XERO WEB BASED ACCOUNTING: GETTING STARTED

Price: \$132

Learn how to set up your business in Xero. Get familiar with the dashboard and basic Xero functions. You will need your own Xero log on and should have basic computer literacy.

Wednesday	14 February	7:00pm - 9:00pm	6 week course
Monday	30 July	7:00pm - 9:00pm	6 week course
Wednesday	17 October	7:00pm - 9:00pm	6 week course

ART & CRAFT - PAINTING



ABSTRACT PAINTING - FOR BEGINNERS

Price: \$112 - (BYO materials)

Want to explore abstraction? Want to develop your creative painting skills? Build your confidence to use paint as an extension of your own personal creative thinking.

Tuesday 7 August 7:00pm - 9:00pm 6 week course

ABSTRACT PAINTING - NEXT STEPS

Price: \$112 - (BYO materials)

A follow on course for those who have completed Abstract Painting For Beginners.

Tuesday 23 October 7:00pm - 9:00pm 6 week course

AUTUMN LEAVES IN COLOUR (WEEKEND)

Price: \$220 - (BYO materials)

Capture the beauty of colour in autumn leaves using colour pencil and wet on wet watercolour techniques.

Sat + Sun 19 May 10:00am - 4:00pm 2 day course

BOTANICAL DRAWING AND PAINTING - AT THE AUCKLAND BOTANIC GARDENS (WEEKEND)

Price: \$215 - (BYO materials)

Love plants? Have a favourite you want to sketch? This workshop is an introduction to plant illustrations and is ideal for anyone interested in drawing and painting the botanical world. The workshop will be held offsite, at the Auckland Botanic Gardens.

Sat + Sun 27 October 10:00am - 4:00pm 2 day course

INTRODUCTION TO WET MEDIA

Price: \$142 - (BYO materials)

Come and have fun and get creative with gouache, watercolour and acrylic ink.

Monday 7 May 6:30pm - 8:30pm 8 week course

INTRODUCTION TO WET MEDIA - WORKSHOP (WEEKEND)

Price: \$75 - (BYO materials)

Come and have fun and get creative with gouache, watercolour and acrylic ink.

Saturday 8 September 10:00am - 4:00pm 1 day course

PAINTING FOR BEGINNERS WITH ACRYLICS - WORKSHOP (WEEKEND)

Price: \$75 - (BYO materials)

Have fun discovering your artistic ability: this practical course aims to provide for both painters with little or no experience and those with some experience. You will gain the confidence to start painting with acrylic paints or to extend your practice.

Saturday 16 June 10:00am - 4:00pm 1 day course
Saturday 10 November 10:00am - 4:00pm 1 day course

PAINTING WITH ACRYLICS - FOR BEGINNERS

Price: \$112 - (BYO materials)

Have fun discovering your artistic ability: this practical course aims to provide for both painters with little or no experience and those with some experience. You will gain the confidence to start painting with acrylic paints or to extend your practice.

Tuesday 20 February 7:00pm - 9:00pm 6 week course

PAINTING WITH ACRYLICS - NEXT STEPS

Price: \$112 - (BYO materials)

Come and extend your acrylic painting practice by learning more from a very experienced artist.

Tuesday 15 May 7:00pm - 9:00pm 6 week course

WATERCOLOURS - INTRODUCTION

Price: \$142 - (BYO materials)

Discover the amazing qualities of painting with watercolours with experienced artist, Charlotte Maguire.

Monday 12 February 6:30pm - 8:30pm 8 week course
Monday 30 July 6:30pm - 8:30pm 8 week course

WATERCOLOURS WORKSHOP - INTRODUCTION (WEEKEND)

Price: \$75 - (BYO materials)

Learn the basics to begin your journey with watercolours.

Saturday 7 April 10:00am - 4:00pm 1 day course

ART & CRAFT - OTHER

ART MAKING FOR CHILDREN

See Children's Section

ART OF MĀORI FLAX WEAVING - RARANGA (@ PARNELL)

Price: \$120

Begin to learn Māori weaving techniques for flax and create flax shapes and items. Gain knowledge about this traditional artform. Held at Parnell Trust, 545 Parnell Road, Parnell.

Monday 12 February 6:00pm - 8:00pm 8 week course

ART OF MĀORI FLAX WEAVING - THE NEXT STEP (@ PARNELL)

Price: \$120

Continue learning Māori weaving techniques for flax and create more technical flax shapes and items. Held at Parnell Trust, 545 Parnell Road, Parnell.

Monday 23 April 6:00pm - 8:00pm 8 week course

AUSTRALIAN INDIGENOUS ART AND CULTURE (WEEKEND)

Price: \$80

This course offers an overview of Australian Indigenous Art, beginning with Aboriginal rock carvings, body paintings and ground designs, and ending with the most recent developments in new media.

Saturday 16 June 10:00am - 4:00pm 1 day course

AUTUMN LEAVES IN COLOUR (WEEKEND)

See Art & Craft - Painting

BOTANICAL DRAWING AND PAINTING - AT THE AUCKLAND BOTANIC GARDENS (WEEKEND)

See Art & Craft - Painting



CALLIGRAPHY - AN INTRODUCTION (WEEKEND)

Price: \$85 (Includes materials)

Come along and spend a day being introduced to the art of calligraphy and learn techniques to achieve beautiful lettering for stationery, invitations, signs and cards.

Saturday 7 April 9:30am - 3:30pm 1 day course

CELEBRATE CHRISTMAS WITH FLOWERS (WEEKEND)

Price: \$88

In this one day course, you will learn to make gorgeous wreaths and table displays using both traditional and contemporary techniques. Fresh flowers and accessories provided.

Sunday 11 November 10:00am - 3:00pm 1 day course

CERAMIC JEWELLERY (WEEKEND)

Price: \$135

Learn how to print small scale images into clay to make tiny artworks that become wearable jewellery such as brooches. All materials included.

Saturday 8 + 22 September 10:00am - 1:00pm 2 weekend sessions

CHILDREN'S BOOK ILLUSTRATION - CHARACTER DEVELOPMENT (WEEKEND)

Price: \$249 - (BYO materials)

Have you got an idea for a storybook character? Learn techniques to create and develop your very own storybook characters. Learn the process of illustrating, developing and producing a children's picture book.

Sat + Sun 17 March 9:00am - 5:00pm 2 day course

CHILDREN'S BOOK ILLUSTRATION - STORYBOARDING AND MAKING A DUMMY BOOK (WEEKEND)

Price: \$220 (BYO materials)

A follow-on course for those who have attended Children's Book Illustration Character Development or those who have a picture story book (original or borrowed) to work with.

Sat + Sun 16 June 9:30am - 4:30pm 2 day course



CHILDREN'S BOOK ILLUSTRATION - TECHNIQUES (WEEKEND)

Price: \$240 - (BYO materials)

This is Sandra Morris' part three course in our Children's Book Illustration series. Learn extended techniques for children's book illustration. This course is for those who have completed at least Children's Book Illustration: Character Development.

Sat + Sun 3 November 9:30am - 4:30pm 2 day course

CREATING PAUA JEWELLERY (WEEKEND)

Price: \$95 (Includes materials)

Create exquisite and unique pieces for jewellery by combining beautiful paua or mussel shells with pearls, silver or gold leaves, crystals and beads. Once you know how, you can use your skills to also make brooches and pendants.

Saturday 16 June 10:00am - 4:00pm 1 day course

CREATIVITY AND GRIEF (WEEKEND)

Price: \$45 (Includes materials)

Grief takes many forms. It may be the loss of a partner, dealing with divorce, loss of a job, living with a terminally ill family member, moving into retirement, or living with your own illness. This course will use creative activities and art as a way of understanding grief.

Saturday 7 April 1:00pm - 4:00pm 1 day course

DÉCOUPAGE UNDER GLASS (WEEKEND)

Price: \$72 (Includes materials)

Turn a simple glass plate from plain to spectacular by using printed tissue, glue and varnish.

Sunday 17 June 9:00am - 12:30pm 1 day course

DÉCOUPAGE YOUR OWN GARDEN POT (WEEKEND)

Price: \$72 (Includes materials)

In half a day come and learn to decorate your own terracotta pot with tissue paper, adding some colour and creativity to your patio or garden. All materials are included.

Sunday 8 April 9:00am - 12:30pm 1 day course



DRAWING FOR BEGINNERS

Price: \$142 - (BYO materials)

Come and learn the basic skills of drawing in a positive and encouraging environment. You will be introduced to a range of drawing media including pencil, charcoal and ink. No experience is necessary!

Tuesday 13 February 7:00pm - 9:00pm 8 week course
Tuesday 31 July 7:00pm - 9:00pm 8 week course

DRAWING FOR EVERYONE (DAY)

Price: \$142 - (BYO materials)

No matter what your level of experience come along to this drawing studio and receive guidance and encouragement from an expert. Bring your materials and project and enjoy some time to indulge in drawing with an experienced tutor to assist and inspire.

Tuesday 13 February 10:00am - 12:00pm 8 week course
Tuesday 8 May 10:00am - 12:00pm 8 week course
Tuesday 31 July 10:00am - 12:00pm 8 week course
Tuesday 16 October 10:00am - 12:00pm 8 week course

FUN WITH FLORAL DESIGN - INTRODUCTION (WEEKEND)

Price: \$88 (Includes \$25 of materials)

Learn the basics of floristry with a special arrangement using oasis. The design will be made with fresh seasonal flowers and participants will be able to take home their creation!

Sunday 8 April 10:00am - 3:00pm 1 day course

FUN WITH FLORAL DESIGN - LEVEL 2 (WEEKEND)

Price: \$88 (Includes \$20 of materials)

Continue your journey into studying the art of floral design, learning finer wiring techniques to create more detailed floral pieces. Fresh, seasonal flowers will be supplied and participants will be able to take home their creations.

Sunday 9 September 10:00am - 3:00pm 1 day course

GIBBS SCULPTURE FARM VISIT (DAY)

See Tours & Walks

GORGEOUS GIFT WRAPPING (WEEKEND)

See Home & Garden

GRAPHIC DESIGN - BEGINNERS

See Computing Skills

INTRODUCTION TO FLOWER PHOTOGRAPHY

See Photography

INTRODUCTION TO PEWTER CASTING FOR JEWELLERY (WEEKEND)

Price: \$60 (Includes materials)

This workshop is aimed at the beginner with little or no experience of making jewellery. Come and learn the basics to get started making your own pewter jewellery. You will leave this workshop with your own pewter pendant.

Sunday 9 September 10:00am - 2:30pm 1 day course

KNITTED WIRE JEWELLERY (WEEKEND)

Price: \$95 (Includes materials)

Learn to make whimsical, stunning or functional jewellery by knitting with coloured wire and adding beads and other decorative findings.

Saturday 8 September 10:00am - 4:00pm 1 day course

LIBRARY TALK (DAY)

- GIOTTO / MICHELANGELO / WILLIAM MORRIS TO FRANK LLOYD WRIGHT, AND THE NZ LINK / ...AND MORE!

See Library Talks

MAKE YOUR OWN BEAUTIFUL COOK ISLAND 'EI KATU (WEEKEND)

Price: \$95 - (Includes \$40 of materials)

Join Roi and learn how to make these beautiful traditional head garlands.

Sat + Sun 7 + 8 April 10:00am - 12:00pm 2 day course
Tuesday 7 August 6:30pm - 8:30pm 2 week course

MAKING SCULPTURES FROM FOUND OBJECTS (WEEKEND)

Price: \$75 - (BYO materials)

Join acclaimed artist Judy Darragh and she will guide you in the creation of your own personal 3D sculpture. She will give you insights into her own work such as the one in the foyer of the Auckland Art Gallery and she will give you the tools to critique and appreciate contemporary 3D art.

Sat + Sun 7 April 10am-12pm + 10am-2pm 2 day course

MODERN AND CONTEMPORARY DRAWING

Price: \$142 - (BYO materials)

This course is for those interested in drawing who want to experiment beyond realism. It will introduce ideas and methods employed by contemporary artists in an accessible and practical way.

Tuesday 8 May 7:00pm - 9:00pm 8 week course

MOSAICS (WEEKEND)

Price: \$150 - (BYO materials)

Everyone has a creative side – unleash yours and be proud of what you can achieve with colour and your own imagination. You don't need to be artistic – your individuality will shine through by your own use of colour and materials, e.g. tiles, broken crockery, shells, glass or decorative stones. Turn an ugly object into something beautiful. Create a unique piece for your garden or patio.

Sat + Sun 16 June 10:00am - 4:00pm 2 day course

NEW ZEALAND ART HISTORY - AN INTRODUCTION

See History, Architecture & Society

NINETEENTH CENTURY FRENCH ART HISTORY

See History, Architecture & Society

PEBBLE MOSAICS (WEEKEND)

Price: \$165 (Includes \$95 of materials)

Learn how to create gorgeous pebble mosaics through the precast indirect reverse method. You will leave the course with your very own garden slab.

Sunday 9 September 10:00am - 4:00pm 1 day course

PORTRAIT DRAWING - EXPLORING FACES

Price: \$150 - (BYO materials)

Human faces are among the most classic of artistic subjects. This course tailors to all skill levels, giving students new ways to draw the face, demonstrating basic approaches for beginners and offering stimulating exercises for those with some experience.

Tuesday 16 October 7:00pm - 9:00pm 8 week course

POTTERY

Price: \$196

Have you ever wanted to work with clay, but not known where to start? Come and learn a range of skills that you can later adapt to help fulfil your creative ideas. Whether functional pottery or sculptural ceramics is your thing, there's plenty here for you! Clay and firing included.

Tuesday	13 February	7:00pm - 9:00pm	8 week course
Wednesday	14 February	7:00pm - 9:00pm	8 week course
Tuesday	8 May	7:00pm - 9:00pm	8 week course
Wednesday	9 May	7:00pm - 9:00pm	8 week course
Tuesday	31 July	7:00pm - 9:00pm	8 week course
Wednesday	1 August	7:00pm - 9:00pm	8 week course
Tuesday	16 October	7:00pm - 9:00pm	8 week course
Wednesday	17 October	7:00pm - 9:00pm	8 week course

POTTERY INTENSIVE WEEKEND COURSE (WEEKEND)

Price: \$196 (Includes clay and firing)

Come and be introduced to the exciting possibilities of working with clay in a structured teaching environment. This course runs over three weekends.

Sat + Sun	7 April	Sat + Sun 10:00am - 3:00pm + 2 more Saturdays 10:00am - 1:00pm
Sat + Sun	16 June	Sat + Sun 10:00am - 3:00pm + 2 more Saturdays 10:00am - 1:00pm
Sat + Sun	8 September	Sat + Sun 10:00am - 3:00pm + 2 more Saturdays 10:00am - 1:00pm
Sat + Sun	10 November	Sat + Sun 10:00am - 3:00pm + 2 more Saturdays 10:00am - 1:00pm

SCULPTURES & MURALS IN THE CENTRAL CITY (WEEKEND)

See Tours & Walks

SECRETS OF ITALIAN ARCHITECTURE

See History, Architecture & Society

SKETCHING ANIMALS AT THE ZOO (WEEKEND)

Price: \$125 - (BYO materials)

Want to extend your drawing skills to include wildlife? New to drawing and would like to learn the skills to draw wildlife? Here is a unique opportunity to spend a day at the zoo with experienced wildlife illustrator, Sandra Morris.

Saturday	17 November	9:30am - 4:00pm	1 day course
----------	-------------	-----------------	--------------



SOFT STONE SCULPTURE (DAY)

Price: \$130 (Includes materials)

Create your own masterpiece to enhance your garden or interior spaces. The soft stone sculpture is one of the most accessible mediums to work with as ideas can be quickly realised and easily modified.

Sunday	17 June	11:00am - 4:00pm	1 day course
Sunday	11 November	11:00am - 4:00pm	1 day course

TALKING ABOUT ART - AT THE AUCKLAND ART GALLERY (WEEKEND)

Price: \$89

Want to be able to talk about art? Join Charlotte at the Auckland Art Gallery where she will give you the tools to study the artwork, break it down into object, subject and context and build both analytical and creative dialogue around these understandings.

Sunday	8 April	10:30am - 3:30pm	1 day course
Sunday	9 September	10:30am - 3:30pm	1 day course

THE ART AND CRAFT MOVEMENT - FROM WILLIAM MORRIS TO FRANK LLOYD WRIGHT AND THE NZ LINK

Price: \$110

Discover how this international movement of the late 19th to early 20th centuries, which grew out of concern for the effects of industrialisation, impacted the way in which we design and manufacture every day products in today's world.

Wednesday	29 August	7:00pm - 9:00pm	5 week course
-----------	-----------	-----------------	---------------

THE ART OF FOLDING BOOKS (WEEKEND)

Price: \$49

Learn the art of folding books by using the pages to form beautiful art. You will leave the course with your very own book sculptures and artworks. Warning: It is very addictive!

Saturday	16 June	10:00am - 1:00pm	1 day course
----------	---------	------------------	--------------

THE ART OF PAPER COLLAGE (WEEKEND)

Price: \$80

In this course you will learn to assemble unique collaged artworks to a theme of your own choosing. By reassembling your dissected images you will create your own unique artwork.

Sunday	9 September	10:00am - 4:00pm	1 day course
--------	-------------	------------------	--------------

UNDERSTANDING AND TALKING ABOUT CONTEMPORARY ART (WEEKEND)

Price: \$59

Did you know that the average time someone spends looking at a painting is 4-5 seconds? Charlotte will help you to access the work further, challenging your perceptions, building your creative thinking and offering you a far richer experience.

Sunday 17 June 10:00am - 2:00pm 1 day course

WEAVING BEAUTIFUL BASKETS (WEEKEND)

Price: \$250 (Includes most materials)

Have fun making natural baskets using cane, bark, driftwood and seagrass. You'll learn to work with a variety of materials and weave them into practical containers. You will go home with your own beautiful woven basket.

Sat + Sun 10 November 9:30am - 4:30pm 2 day course

Gordon Harris
THE ART & GRAPHIC STORE

FOR ALL YOUR ART SUPPLIES

www.gordonharris.co.nz

16,000+ PRODUCTS ONLINE

4 Gillies Ave, Newmarket



CHILDREN & TEENS - AFTER SCHOOL



ART MAKING - FOR CHILDREN (FOR 6-12 YEARS)

Price: \$195 (Includes materials)

A creative after school class, with a focus on experimenting with different art-making processes – all the while having loads of fun! Each term the children will follow a different theme to extend their creativity and keep them engrossed! Class numbers limited to 12 students.

Monday	12 February	4:00pm - 6:00pm	8 week course
Monday	7 May	4:00pm - 6:00pm	8 week course
Monday	30 July	4:00pm - 6:00pm	8 week course
Monday	15 October	4:00pm - 6:00pm	8 week course

BEGINNERS DRAMA (FOR 8-10 YEARS)

Price: \$157

This is a wonderful opportunity for children to be introduced to the elements of drama from a highly experienced drama teacher.

Wednesday	14 February	3:30pm - 5:30pm	8 week course
Wednesday	9 May	3:30pm - 5:30pm	8 week course
Wednesday	1 August	3:30pm - 5:30pm	8 week course
Wednesday	17 October	3:30pm - 5:30pm	8 week course

DRAMA PRODUCTION - LEVEL 1 (FOR 9-12 YEARS)

Price: \$157

Following on from our popular Beginners Drama (previously The Bones of Drama) course, Drama Production Level 1 is a continuation class for those children who want to expand their drama skills and are ready to move up to the next stage.

Thursday	15 February	3:30pm - 5:30pm	8 week course
Thursday	10 May	3:30pm - 5:30pm	8 week course
Thursday	2 August	3:30pm - 5:30pm	8 week course
Thursday	18 October	3:30pm - 5:30pm	8 week course

DRAMA PRODUCTION - LEVEL 2 (FOR 9-12 YEARS)

Price: \$157

Following on from Drama Production Level 1 this Level 2 course is the next stage for those children who want to expand their drama skills and are ready to move up.

Friday	16 February	3:30pm - 5:30pm	8 week course
Friday	11 May	3:30pm - 5:30pm	8 week course
Friday	3 August	3:30pm - 5:30pm	8 week course
Friday	19 October	3:30pm - 5:30pm	8 week course

LITTLE CHEFS COOKING CLUB (FOR 7-11 YEARS)

Price: \$195 (Includes \$80 of ingredients)

Bring your children to Nichole for interactive and fun after school cooking classes and she will increase both their skills and their repertoire of recipes empowering them to cook for both themselves and their families.

Tuesday	27 February	3:30pm - 5:30pm	5 week course
Tuesday	22 May	3:30pm - 5:30pm	5 week course
Tuesday	31 July	3:30pm - 5:30pm	5 week course
Tuesday	23 October	3:30pm - 5:30pm	5 week course

MEMORY AND STUDY SKILLS - FOR STUDENTS (WEEKEND)

See Personal Development

PIANO KEYBOARDS CHILDREN - BEGINNERS (FOR 8+ YEARS)

Price: \$141

Learn to read music and play keyboards in 30 minute small group sessions.

Monday	12 February	4:30pm - 5:00pm	16 week course
Monday	30 July	4:30pm - 5:00pm	16 week course

PIANO KEYBOARDS CHILDREN - ADVANCED (FOR 8+ YEARS)

Price: \$76

Continue to read music and play keyboards in 30 minute small group sessions. Session times are 5:00pm - 5:30pm OR 5:30pm - 6:00pm.

Monday	12 February	5:00pm - 6:00pm	8 week course
Monday	7 May	5:00pm - 6:00pm	8 week course
Monday	30 July	5:00pm - 6:00pm	8 week course
Monday	15 October	5:00pm - 6:00pm	8 week course

YOGA - FOR CHILDREN AND FAMILIES (FOR 6-10 YEARS) (WEEKEND)

Price: \$29

Fun classes using story and adventure to support learning through physical activity, imitating, playing and singing! In these workshops there will also be opportunity to explore breathing techniques, relaxation practices, and creative time using hand/eye coordination as well as learning some basic meditation practices by using the senses.

Saturday	22 September	10:00am - 12:00pm	1 day course
----------	--------------	-------------------	--------------

CHILDREN & TEENS - SCHOOL HOLIDAYS

ANIMATION AND CARTOONS (DAY)

Price: \$69 (Includes materials)

Learn to draw yourself, your favourite fantasy characters or your favourite animals as fun cartoons. We will bring them to life as we colour them in watercolour and ink.

Friday	13 July	9:00am - 3:00pm	1 day course
--------	---------	-----------------	--------------

ASPIRING YOUNG COOKS - COURSE ONE (FOR 8-12 YEARS) (DAY)

Price: \$129 (Includes \$15 ingredients)

This school holiday course will give young students the opportunity to learn cooking skills in a fun and safe environment.

Mon + Tue	16 April	9:00am - 1:30pm	2 day course
Mon + Tue	9 July	9:00am - 1:30pm	2 day course
Mon + Tue	1 October	9:00am - 1:30pm	2 day course

ASPIRING YOUNG COOKS - COURSE TWO (FOR 8-12 YEARS) (DAY)

Price: \$129 (Includes \$15 ingredients)

The second in the series of school holiday cooking courses will give young students the opportunity to build on skills acquired in the first course.

Mon + Tue	23 April	9:00am - 1:30pm	2 day course
Mon + Tue	16 July	9:00am - 1:30pm	2 day course
Mon + Tue	8 October	9:00am - 1:30pm	2 day course

BIRD WATCHING - FOR CHILDREN AND GROWN UPS (WEEKEND)

Price: \$99 per couple

This course is a great opportunity for children to spend time with their parent, grandparent or care-giver in nature. Over three Sunday afternoons, we will explore local bush, estuaries and the seashore to learn about the habits and habitats of the birds we will see.

Sunday	8 April	1:00pm - 4:00pm	3 week course
--------	---------	-----------------	---------------



CHOCOLATES FOR HALLOWEEN (FOR 7-13 YEARS) (WEEKEND)

Price: \$110 per couple (Includes ingredients)

Get in the mood for Halloween! Kids, bring Mum, Dad or Grandpa and have some pre-Halloween fun with chocolate. Chocolatier Oscar will show how to make a selection of creepy but delicious chocolates to give away, or better still, eat yourself. Spend the day learning, making and tasting, then go home with a range of yummy treats.

Saturday 27 October 10:00am - 4:00pm 1 day course

CHRISTMAS ART AND CRAFT (FOR 6-12 YEARS) (DAY)

Price: \$148 (Includes materials)

Join Charlotte for two fun-filled days of Christmas Art and Craft. Over this course you will create a collection of Christmas decorations, cards and ornaments. At the end of the two days you will have sorted your Christmas presents, learned to wrap your gifts in a sustainable way and even discovered creative ways to use your left over Christmas wrapping once the festivities are over.

Tue + Wed 18 December 9:00am - 4:00pm 2 day course

CHRISTMAS COOKING - WITH NICHOLE (FOR 8-12 YEARS) (DAY)

Price: \$129 (Includes ingredients and materials)

Join Nichole for 2 days of cooking for Christmas. During this course you will learn to cook a range of goodies that you will be able to give away as Christmas gifts, including mince pies, slices and sweets. You will leave the course with your own creations packaged and ready to gift.

Thurs + Fri 20 December 9:00am - 1:30pm 2 day course

CHRISTMAS WREATHS - CHILDREN'S HOLIDAY WORKSHOP (FOR 6-12 YEARS) (DAY)

Price: \$69 (Includes materials)

Start getting ready for Christmas by joining Charlotte for wreath-making. Design and decorate your own wreath with greenery as well as sparkly gems created on the day from air-dry clay.

Thursday 4 October 9:00am - 3:00pm 1 day course



CODING AND PROGRAMMING (FOR 8-11 YEARS) (DAY)

Price: \$69 (Includes materials)

Ever played Mario on Play-Doh or Piano on Bananas? Alligator clip the internet to your world using Makey Makey, an innovative electronic circuit board which replaces the conventional computer keyboard.

Wednesday 11 July 10:00am - 4:00pm 1 day course

CUPCAKE DECORATING - FOR KIDS (FOR 8-12 YEARS) (DAY)

Price: \$75 (Cupcakes and icing equipment provided)

Let your child find their creative side decorating their own cupcakes in this fun half-day class.

Friday 20 July 9:00am - 12:00pm 1 day course

DRAWING FOR FUN (FOR 6-12 YEARS) (DAY)

Price: \$69 (Includes materials)

Have fun drawing animals, landscapes, portraits and more as you try out pencil, pen, watercolour, ink and collage. Create original art full of energy and colour to adorn any wall in your home.

Thursday 19 April 9:00am - 3:00pm 1 day course

FLIGHT AND ROCKETRY (FOR 8-11 YEARS) (DAY)

Price: \$75 (Includes materials)

Love rockets? Come and make a parachute than can land an egg from a tall building, make a model aeroplane and launch an air-powered rocket.

Wednesday 10 October 10:00am - 4:00pm 1 day course

FUNDAMENTALS OF FILMMAKING - WITH YOUR OWN DEVICE (FOR 11-14 YEARS) (DAY)

Price: \$268 (BYO Materials)

Have you ever wanted to make your own skit, vlog, short film or music video? Come and learn the basics of visual storytelling and filmmaking from preproduction, filming and the editing process. By the end of the week every student will write, film and edit their own 30 second skit! Bring your own iPad or iPhone. Other devices will need to be approved by the tutor.

Mon,Tue,Thur,Fri 23 April 9:00am - 3:00pm 4 day course

GET REAL - SOCIAL AND ENVIRONMENTAL AWARENESS FOR KIDS (DAY)

16th – 20th July, 8:30am – 5:30pm

Sign your kids up to an inspirational new holiday programme with a social and environmental focus.

GET REAL offers children the opportunity to learn about local issues through participating in fun activities indoors and out. Each day will have a theme, an inspirational speaker, and activities relating to a social or environmental issue. On the final day children will have the opportunity to talk about what's inspired them, express their ideas through art-making, and share suggestions for future action.

This enriching and entertaining 5-day programme is scheduled for children with working parents.
(Note: individual days may be booked.)

Please visit our website for more details about GET REAL including a schedule of topics, guest speakers, activities, and affiliated community organisations.



It's time to GET REAL! Please visit our website for more information.

**GIFT WRAPPING AND CARD MAKING
- FOR CHILDREN (FOR 6-12 YEARS) (DAY)**

Price: \$69 (Includes materials)

Have fun learning how to create your own unique gift wrapping paper, how to wrap and tie your gifts, and design and decorate your own gift tags and card.

Thursday	12 July	9:00am - 3:00pm	1 day course
----------	---------	-----------------	--------------

MAKE YOUR OWN WINGS (FOR 6-12 YEARS) (DAY)

Price: \$69 (Includes materials)

Let's explore wings, balloons and more, filling them with amazing patterns and shapes. Inspired by the artist Kelsey Montague, we will create our own personalised artwork in white on black-painted MDF. And finally, we will experiment with photographing ourselves with our work.

Thursday	19 July	9:00am - 3:00pm	1 day course
----------	---------	-----------------	--------------

**MAKING MODELS
- THROUGH PROBLEM SOLVING S.T.E.M. LEARNING (FOR 8-11 YEARS) (DAY)**

Price: \$75 (Includes materials)

Choose from either a model boat, a racing car, wind craft, telescope or create your own unique construction and learn how to make it move.

Monday	23 April	10:00am - 4:00pm	1 day course
--------	----------	------------------	--------------

OPEN YOUR EYES TO DRAMA! (FOR 8-12 YEARS) (DAY)

Price: \$95

Do your children relish drama? Give them a fun and positive holiday experience, whilst extending their skill and appreciation of drama.

Mon - Wed	16 April	9:00am - 12:00pm	3 day course
Mon - Wed	9 July	9:00am - 12:00pm	3 day course
Mon - Wed	1 October	9:00am - 12:00pm	3 day course
Mon - Wed	17 December	9:00am - 12:00pm	3 day course

**OUT OF THIS WORLD
- FLUORESCENT AND GLITTER COVERED SCULPTURES (FOR 6-12 YEARS) (DAY)**

Price: \$69 (Includes materials)

Join Charlotte as we create our own 3D space-like sculptures using newspaper, masking tape, tinfoil, fluorescent spray paint and gems. We can hang them and watch them as they catch and scatter the light – inspired by the amazing Judy Darragh sculptural work in The Auckland Art Gallery.

Thursday	26 April	9:00am - 3:00pm	1 day course
----------	----------	-----------------	--------------

ROBOTIC CHALLENGE - S.T.E.M. LEARNING (FOR 8-11 YEARS) (DAY)

Price: \$69 (Materials provided)

Join us to assemble a 60cm tall Meccanoid G15 robot from scratch. We will programme it with a mobile phone or an iPad and it will move and dance through learned intelligence.

Wednesday	18 April	10:00am - 4:00pm	1 day course
-----------	----------	------------------	--------------

ROBOTICS - LEVEL 2 (FOR 8-11 YEARS) (DAY)

Price: \$75 (Includes materials)

This course will extend the thinking and problem solving skills of children with some basic knowledge of robotics and those who have attended our Robotic Challenge course already.

Wednesday	18 July	10:00am - 4:00pm	1 day course
-----------	---------	------------------	--------------

SEWING - FOR CHILDREN (FOR 9-12 YEARS) (DAY)

Price: \$69 (Includes materials)

Come and learn the fundamentals of both hand and machine sewing. You will leave with your very own creation (or two!).

Tuesday	17 April	9:00am - 3:00pm	1 day course
Tuesday	10 July	9:00am - 3:00pm	1 day course
Tuesday	2 October	9:00am - 3:00pm	1 day course

SOAP MAKING - FOR CHILDREN (FOR 7-12 YEARS) (DAY)

Price: \$58 (Includes \$25 of materials)

Join soap maker Jackie Ziegler and get brewing in the kitchen. You'll make your own soap and bath bombs which you'll get to take home with you. The December course will be a great opportunity to hand-make some Christmas presents.

Friday	20 April	9:00am - 12:00pm	1 day course
Friday	18 December	9:00am - 12:00pm	1 day course

SUSHI MAKING - FOR KIDS (FOR 8-12 YEARS) (DAY)

Price: \$60 (Includes \$20 ingredients and a sushi mat)

Bring your young chefs along to this holiday course and they will learn the correct art of sushi making with Yin Wong.

Friday	12 October	9:00am - 12:00pm	1 day course
--------	------------	------------------	--------------

YOGA - FOR CHILDREN AND FAMILIES (FOR 6-10 YEARS) (DAY)

Price: \$29

Fun classes using story and adventure to support learning through physical activity, imitating, playing and singing! In these workshops there will also be opportunity to explore breathing techniques, relaxation practices, and creative time using hand/eye coordination as well as learning some basic meditation practices by using the senses.

Thursday	19 July	10:00am - 12:00pm	1 day course
----------	---------	-------------------	--------------



COMPUTING SKILLS



ESSENTIAL TOOLS TO MARKET YOUR BUSINESS (WEEKEND)

See Accounting, Marketing & Money

GRAPHIC DESIGN - BEGINNERS

Price: \$168

Do you know how to use InDesign and Photoshop but want to take your skills to the next level and expand your creativity? Come and learn from a professional graphic designer and get the inspiration you need for your next project.

Tuesday	7 August	7:00pm - 9:00pm	6 week course
---------	----------	-----------------	---------------

HOW TO START AN ONLINE BUSINESS (WEEKEND)

See Accounting, Marketing & Money

ILLUSTRATOR - FOR BEGINNERS (WEEKEND)

Price: \$148

This vector-based Adobe software is fun to use and easy to learn. Explore all the main features of this powerful tool in graphic design, ideal for logos, letterheads, business cards, posters, and websites.

Sat + Sun	8 September	9:30am - 4:00pm	2 day course
-----------	-------------	-----------------	--------------

INTRODUCTION TO INDESIGN

Price: \$148

Learn to create well-designed print publications using this industry standard page layout programme. Participants should have strong general computer skills for this introductory level course.

Tuesday	13 February	7:00pm - 9:00pm	6 week course
Tuesday	16 October	7:00pm - 9:00pm	6 week course



INTRODUCTION TO SOCIAL MEDIA - KEEPING UP WITH THE KIDS (WEEKEND)

Price: \$147

Not only will you learn to keep up with your kids but you will also learn about some of the cool platforms they may be using and how you can use these to either help your business or engage with friends.

Saturday	10 November	9:00am - 4:30pm	1 day course
----------	-------------	-----------------	--------------

MICROSOFT EXCEL - BEGINNERS

Price: \$105

An introduction to this popular programme will lead you through how to create spreadsheets, charts, perform calculations with formulae, and analyse numerical information.

Monday	19 February	7:00pm - 9:00pm	5 week course
Monday	7 May	7:00pm - 9:00pm	5 week course
Monday	15 October	7:00pm - 9:00pm	5 week course

MICROSOFT EXCEL - INTERMEDIATE

Price: \$85

Take your Excel skills to the next level and learn more formulae, some awesome tips for working with multiple worksheets, advanced printing, sorting, filtering and more. These topics will really improve your productivity and save you lots of time.

Wednesday	21 February	7:00pm - 9:00pm	4 week course
Wednesday	13 June	7:00pm - 9:00pm	4 week course

MICROSOFT EXCEL - ADVANCED

Price: \$105

Come and learn the top 15 functions you might need to advance your Excel skills plus the techniques you need to make them work harder. These will include absolute and mixed cell references, nesting, using range names and table 'structured references' and also ways you manage data using tables effectively.

Wednesday	1 August	7:00pm - 9:00pm	5 week course
-----------	----------	-----------------	---------------



MICROSOFT WORD - BEGINNERS

Price: \$118

Learn or update your computer skills to produce attractive, structured letters and forms. Become adept at copying, cutting, pasting, editing and formatting text, tabs and leaders, tables and columns.

Tuesday	20 February	7:00pm - 9:00pm	6 week course
Tuesday	8 May	7:00pm - 9:00pm	6 week course
Tuesday	31 July	7:00pm - 9:00pm	6 week course

MICROSOFT WORD - THE NEXT STEP

Price: \$55

Take the next step and pick up more functions and shortcuts and become a Word whiz.

Tuesday	26 June	7:00pm - 9:00pm	2 week course
---------	---------	-----------------	---------------

PHOTOSHOP - BEGINNERS (WEEKEND / NIGHT)

Price: \$148

An introduction to the key concepts of Adobe Photoshop and how to digitally manipulate images. Strong general computer skills are needed.

Tuesday	8 May	7:00pm - 9:00pm	6 week course
Sat + Sun	16 June	9:30am - 4:00pm	2 day course

PHOTOSHOP - THE NEXT STEP

Price: \$95

Enhance your knowledge of Photoshop features such as creative image manipulation, working with type, layer and blending modes, masking, clear cutting and retouching photos. This course is designed for those who have completed the Photoshop - Beginners.

Tuesday	19 June	7:00pm - 9:00pm	3 week course
---------	---------	-----------------	---------------

SEO FOR SMALL BUSINESS (WEEKEND)

See Accounting, Marketing & Money

USING SOCIAL MEDIA TO SKY ROCKET YOUR BUSINESS (WEEKEND)

See Accounting, Marketing & Money

XERO WEB BASED ACCOUNTING - GETTING STARTED

See Accounting, Marketing & Money

COOKING - BASIC SKILLS



COOKING - FOR BEGINNERS

Price: \$205 (Includes \$60 of ingredients)

Feel you don't know the basics? Need the confidence and skills for having to cook for yourself and others? This unique course will give you all the basic skills you need to master the basics of cooking.

Tuesday 13 March 6:00pm - 9:00pm 4 week course

KNIFE SKILLS 101 - FISH AND CHICKEN (WEEKEND)

Price: \$80 (Includes \$20 of ingredients)

Through a combination of demonstration and hands-on experience, Chef Jaz will instruct you in the precise art of cutting, filleting, deboning, carving, selection, handling, sharpening and preservation of knives to give you the professional touch in the kitchen.

Sunday 11 November 9:00am - 1:00pm 1 day course

KNIFE SKILLS 101 - VEGETABLES (WEEKEND)

Price: \$65 (Includes \$10 of ingredients)

Learn the building blocks for professional knife handling that will have you slicing and dicing through a broad range of ingredients in no time. Chef Jaz will introduce you to the no more tears method for cutting an onion and help you identify the correct knife for whatever you are cutting or slicing.

Sunday 8 April 10:00am - 2:00pm 1 day course



COOKING - CAKES & SWEETS



BAKING WITH CHOCOLATE - A MOTHER'S DAY TREAT (WEEKEND)

Price: \$115 per couple (Includes \$50 of ingredients)

A mother's day workshop for parent and child chocolate lovers! You will both learn how to make chocolate mousse, tarts, cakes and truffles.

Saturday 12 May 10:00am - 4:00pm 1 day course

CAKE DECORATING - THE BASICS (WEEKEND)

Price: \$80 (Includes \$20 of ingredients)

Come and learn the professional techniques including how to colour icing, basic piping skills, foiling fondant and how to make and work with royal and butter icing.

Sunday 9 September 12:00pm - 3:00pm 1 day course

CAKE DECORATING - INTRODUCTION

Price: \$110 (Includes \$25 of ingredients)

Come and learn the basics of decorating cakes using rolled fondant, butter icing and piping techniques. Create an icing picture and put it all together to produce the completed cakes.

Monday 12 February 7:00pm - 9:00pm 4 week course

CAKE DECORATING - CONTINUATION

Price: \$80 (Includes \$25 of ingredients)

From minions to penguins, elephants to giraffes and roses to wild flowers, this class will introduce you to working with sugarpaste and modelling fondant to make basic animals, flowers and figurines.

Monday 7 May 7:00pm - 9:00pm 2 week course

MAKING CHOCOLATES (WEEKEND)

Price: \$80 (Includes \$15 of ingredients)

Nine out of 10 people love chocolate... and the 10th person is lying! Come along and learn from a master chocolatier the tips and tricks of creating perfect chocolates, including truffles and moulded chocolates. You will never be short of a gift idea again.

Saturday 16 June 10:00am - 4:00pm 1 day course

MAKING MACARONS (WEEKEND)

Price: \$75 (Includes \$15 of ingredients)

Take a tour into the world of the macaron. These delicacies are very hard to master without the right guidance. Come and learn from an expert.

Saturday 8 September 10:00am - 2:00pm 1 day course

PERFECT PASTRIES (WEEKEND)

Price: \$75 (Includes \$15 of ingredients)

Have some fun with choux, from eclairs filled with creme patissiere, profiteroles topped with chocolate sauce, to swans swimming on a lake of raspberry coulis. Find out the secrets to the pastry that even chefs shy away from making.

Sunday 17 June 10:00am - 2:00pm 1 day course

TRADITIONAL FRENCH TARTS

Price: \$130 (Includes \$45 of ingredients)

Learn how to make beautiful and tasty tarts. Firstly you will learn how to make the perfect sweet pastry dough, then you will make the delicious fillings, such as lemon curd and frangipane.

Monday 7 May 6:30pm - 9:00pm 4 week course



COOKING - ETHNIC COOKING



A TASTE OF SOUTH AMERICA

Price: \$115 (Includes \$15 of ingredients for the first class only)

Discover a selection of delicious authentic South American dishes from countries including Chile, Peru, Brazil, Argentina and Colombia.

Monday 12 February 7:00pm - 9:00pm 5 week course

AUTHENTIC THAI COOKING - INTRODUCTION

Price: \$220 (Includes \$65 of ingredients)

Come and learn the secrets that you won't find in recipe books from a real Bangkokian, and leave with a repertoire of delicious and authentic Thai dishes.

Wednesday 14 February 6:30pm - 9:00pm 5 week course

AUTHENTIC THAI COOKING - CONTINUATION

Price: \$205 (Includes \$65 of ingredients)

A follow on from the Authentic Thai Cooking - Introduction course. In this continuation course you will be exploring other Thai dishes with foreign influences like Chinese and Indian.

Monday 27 August 6:30pm - 9:00pm 4 week course

COOKING AUTHENTIC & TRADITIONAL ITALIAN FOOD AT HOME

Price: \$245 (Includes \$80 of ingredients)

Learn to cook authentic Italian food in the way it was intended to be made. Try out classic recipes such as home-made pasta and pizza, focaccia, lasagna, carbonara and potato gnocchi to name a few.

Monday 11 June 6:00pm - 9:00pm 4 week course

COOKING CREOLE

Price: \$130 (Includes \$25 of ingredients)

Learn how to create your own Southern cuisine. In this highly interactive class, you will cut, season and prepare a range of Southern American food, including gumbo and jambalaya, as well as many other favourites.

Tuesday 16 October 7:00pm - 9:00pm 5 week course

DELICIOUS AND AUTHENTIC CURRIES

Price: \$115 (Includes \$10 of ingredients for the first class only)

Throw away the instant ready to eat mixes, polish your culinary skills, and be proud of making tasty curries, without any unhealthy preservatives or chemicals. Vegans and vegetarians are also welcome to this course, and special recipes will be provided for them. Come and learn to cook authentic, traditional Indian curries, using fresh ingredients.

Wednesday 6 June 7:00pm - 9:00pm 5 week course

GREEK COOKING ODYSSEY

Price: \$94 (Includes \$15 of ingredients)

An authentic Greek cooking class for everyone. Emily will teach you the best recipes that Greek cuisine has to offer. You will not only learn how to prepare Greek food but you will also learn about new ingredients, local recipes and most importantly you will get the real Greek culinary experience.

Tuesday 8 May 6:30pm - 9:00pm 3 week course

HINDI & INDIAN SWEETS

Price: \$160 (Includes \$75 of ingredients)

Join Sushila as she takes you on a journey into the world of Hindi and Indian sweets. You will be making sweets such as Halwa, Gulabjamun, Barfi and Ladoo.

Wednesday 14 February 7:00pm - 9:00pm 5 week course

INDIAN COOKING - MADE EASY

Price: \$110 (Includes \$10 of ingredients for the first class only)

Learn to cook mouth-watering Indian recipes that are well known for their aroma, spices and taste. The recipes are simplified to suit those at a beginners' level, yet are very tasty.

Wednesday 1 August 7:00pm - 9:00pm 6 week course

JAPANESE CUISINE

Price: \$120 (Includes \$15 of ingredients for the first class only)

Look beyond the sushi and liberate yourself from takeaways! Instead, learn to create these truly palate pleasing Japanese favourites at home, such as Sukiyaki, Okonomi-Yaki (Savoury Pancake) and Toniku Tatsuta Age (Deep Fried Chicken).

Wednesday 17 October 7:00pm - 9:00pm 5 week course

JAPANESE TEA APPRECIATION (WEEKEND)

Price: \$55 (Includes \$15 of ingredients)

Discover and enjoy the qualities of Japanese tea and the role green tea plays in Japanese lifestyle, culture and cuisine. Learn how Japanese green tea is made and the different kinds of Japanese teas available and their properties and health benefits.

Saturday 10 November 10:00am - 1:00pm 1 day course

JEWISH FESTIVE FOODS (WEEKEND)

Price: \$89 (Includes \$15 of ingredients)

Make elaborate, plaited Jewish loaves and buns while learning about their religious and historical significance. While the breads are baking, we'll make authentic Jewish salads and Gehakte Leber, a rich creamy Eastern European paté, and learn about the significant Jewish feasts and celebrations.

Sunday 17 June 9:00am - 1:00pm 1 day course

JEWISH SWEET & SAVOURY DUMPLINGS

Price: \$75 (Includes \$15 of ingredients)

In one evening Shelly will take you through the world of Jewish dumplings. You will learn how to make a range of sweet and savoury dumplings with different fillings.

Monday 15 October 6:00pm - 9:00pm 1 night course

KOREAN CUISINE

Price: \$125 (Includes \$32 of ingredients)

Korean cuisine has evolved through centuries of change, both natural and cultural to create an interesting and tasty array of side dishes.

Wednesday 1 August 7:00pm - 9:00pm 4 week course



MEXICAN COOKING EXPERIENCE

Price: \$150 (Includes \$60 of ingredients)

Discover the roots of Mexican cuisine, the history and traditions behind the dishes, the indigenous ingredients and how to cook with them. This unique cooking experience will lead you through an encounter with the flavours, aromas, spices and the culture of Silvia's beloved Mexico and its flavourful cuisine.

Wednesday 6 June 6:00pm - 9:00pm 4 week course

MODERN MIDDLE EASTERN COOKING

Price: \$125 (Includes \$20 of ingredients for the first class only)

This hugely popular course will introduce you to cuisine from Turkey, Persia, Morocco, Lebanon, Iraq and Greece. Sahar will introduce you to spices and flavours and exotic recipes that will impress friends and family.

Monday 29 October 7:00pm - 9:00pm 4 week course

MOROCCAN CUISINE

Price: \$105 (Includes \$18 of ingredients for the first class only)

Discover the exotic flavours of Morocco. This part-demonstration, part-practical class uses aromatic spices like saffron, coriander and cumin to prepare wonderful dishes such as couscous, tagines, preserved lemons and harissa.

Tuesday 8 May 7:00pm - 9:00pm 4 week course

SPANISH TAPAS

Price: \$125 (Includes \$25 of ingredients for the first class only)

Start your trip to Spain now! You will learn authentic Tapas recipes and the meaning of the Tapas culture. Learn how to use different ingredients and condiments that will add a Mediterranean flavour to your daily cooking.

Monday 30 July 7:00pm - 9:00pm 5 week course

TURKISH CUISINE

Price: \$133 (Includes \$18 of ingredients for the first class only)

Immerse yourself in the culture of Turkey and create a complete menu with a range of beautiful, tasty food. This course is a combination of demonstration and hands-on cooking.

Tuesday 31 July 7:00pm - 9:00pm 7 week course

COOKING - HEALTHY EATING



ALLERGEN FREE COOKING

Price: \$133 (Includes \$60 of ingredients)

Come and learn to create flavourful and nutritious meals tailored to people with common food allergies like gluten, dairy, soy, egg and nuts.

Wednesday 17 October 7:00pm - 9:00pm 4 week course

ALLERGY FRIENDLY BAKING (WEEKEND)

Price: \$92 (Includes \$45 of ingredients)

Learn how to make tasty sweets, cookies, cakes and mousse for people with special dietary requirements. Gluten free, nuts free, dairy free and eggs free.

Saturday 7 April 10:00am - 3:00pm 1 day course

AYURVEDIC COOKING AND NUTRITION

Price: \$135 (Includes \$35 of ingredients)

Are you interested in knowing how to achieve a vibrant state of health and wellbeing through proper use of food? Would you like to learn about the connection between your constitution (body type) and the food you eat? Learn to create simple, tasty and nutritious vegetarian meals by incorporating a range of spices while appreciating their health benefits.

Tuesday 6 March 6:30pm - 9:00pm 4 week course

COOKING DELICIOUS PALEO FOOD

Price: \$110 (Includes \$20 ingredients for first night only)

Go paleo! Come along and learn about paleo and its health benefits. A course designed for those people interested in increasing their knowledge about clean eating.

Wednesday 9 May 7:00pm - 9:00pm 4 week course
Tuesday 16 October 7:00pm - 9:00pm 4 week course

GLOBAL VEGAN

Price: \$133 (Includes \$60 of ingredients)

Taste the world with delicious vegan recipes and flavours from around the globe.

Monday 30 July 7:00pm - 9:00pm 4 week course

HEALTHY KIDS LUNCHBOXES (WEEKEND)

Price: \$80 (Includes \$25 of ingredients)

Are you sick of making the same things for your kids lunchboxes every day? Are you frustrated because their lunchboxes come home half eaten? This course will provide you with some healthy inspiration.

Saturday 12 May 1:00pm - 4:00pm 1 day course

HOW TO MAKE KOMBUCHA (WEEKEND)

Price: \$52 (Includes \$6 of ingredients)

Join Tracey in this hands-on workshop to learn how to make Kombucha and understand its history.

Sunday 11 November 2:00pm - 5:00pm 1 day course

JAPANESE TEA APPRECIATION (WEEKEND)

See Cooking - Ethnic Food

MATCHA 101 (WEEKEND)

Price: \$50 (Includes \$15 of ingredients)

Incorporate this superfood into your lifestyle. Learn about Matcha, the difference between powdered green tea and Matcha, how Matcha is made, the difference of grades and how to tell the difference as well as the health benefits.

Sunday 8 April 3:00pm - 5:00pm 1 day course

RAW POWER

Price: \$133 (Includes \$60 of ingredients)

Learn to prepare raw meals, raw desserts and delicious and nutritious smoothies and drinks. Ingredients are seasonal, organic, unprocessed and are sourced locally.

Tuesday 13 February 7:00pm - 9:00pm 4 week course



SIMPLY SAUERKRAUT (WEEKEND)

Price: \$42 (Includes \$5 of ingredients)

Wondering what all the fuss is over Sauerkraut? Learn about the background of this nourishing food – where it comes from, how it is made and its health benefits.

Saturday 7 April 9:00am - 12:00pm 1 day course

SUGAR FREE LIVING - ONE DAY COURSE (WEEKEND)

See Health, Well-being & Fitness

THE HEALING KITCHEN

Price: \$133 (Includes \$60 of ingredients)

Using high quality seasonal, local, organic and unprocessed ingredients Guatam will inspire you with food to both nourish and heal.

Wednesday 9 May 7:00pm - 9:00pm 4 week course

COOKING - SPECIALTY COOKING



BAKING WITH CHOCOLATE - A MOTHER'S DAY TREAT (WEEKEND)

See Cooking - Cakes & Sweets

CHOCOLATES FOR HALLOWEEN

See Children & Teens - After School

CHRISTMAS BAKING (WEEKEND)

Price: \$95 (Includes \$45 of ingredients)

Prepare for Christmas with a range of delicious desserts, logs and cookies and some inspiring decorating ideas.

Sunday	11 November	9:00am - 2:00pm	1 day course
--------	-------------	-----------------	--------------

FANTASTIC FISH AND SEAFOOD (WEEKEND)

Price: \$109 (Includes \$30 of ingredients)

In this seafood skills workshop you will learn to cook a variety of June's favourite, innovative fish recipes, to fillet and prepare fish. You will visit a local fish retailer to distinguish types of fish and how to purchase them.

Saturday	10 November	9:00am - 4:00pm	1 day course
----------	-------------	-----------------	--------------

HISSING AND SIZZLING - BARBECUE BRILLIANCE

Price: \$102 (Includes \$25 of ingredients)

Do you want to perfect your barbecue skills? Come along and learn how to produce mouth watering, fall-off-the-bone meat every time you have a BBQ and the importance of rubs, marinades and accompaniments. You will also learn a selection of fresh seasonal salads to accompany your meat dishes.

Tuesday	20 November	7:00pm - 9:00pm	4 week course
---------	-------------	-----------------	---------------

LET'S MAKE BEESWAX WRAPS (WEEKEND)

Price: \$35 (Includes \$10 of materials)

Sick of throwing out plastic wrap? Want a more sustainable alternative? Join Kimberly and she will show you how to make your own reusable beeswax food wraps. Ideal gifts.

Sunday	9 September	9:00am - 10:30am	1 day course
--------	-------------	------------------	--------------

LUNCH WITH PETA MATHIAS (WEEKEND)

Price: \$95

Join Peta, gastronomad and author, as she demonstrates a range of delicacies from the South of France while sipping on a glass of wine and sampling delicious morsels for lunch. Peta will also have copies of her latest book *"Never Put All Your Eggs in One Bastard"* to purchase.

Saturday	17 March	11:00am - 1:00pm	1 day course
----------	----------	------------------	--------------



MAKING MACARONS (WEEKEND)

See Cooking - Cakes & Sweets

MAKING SOURDOUGH BREAD (WEEKEND)

Price: \$75 (Includes \$10 of ingredients)

Sourdough breads are well known and have been loved in Europe for many centuries. They taste amazing and what's better they keep for ages. Come and learn the secrets of making delicious loaves and rolls using rye and wholemeal flour and take home a sourdough starter at the end of the course.

Saturday	7 April	1:00pm - 5:00pm	1 day course
----------	---------	-----------------	--------------

PERFECT PASTRIES (WEEKEND)

See Cooking - Cakes & Sweets

RELISHES AND CHUTNEYS

Price: \$120 (Includes \$39 of ingredients)

Live sustainably by making the most of fruit and vegetables when in season. Come and learn age old techniques for making relishes and chutneys that will delight family and friends and have your taste buds soaring.

Tuesday	13 February	7:00pm - 9:00pm	3 week course
---------	-------------	-----------------	---------------

THE TEA PARTY (WEEKEND)

Price: \$85 (Includes \$20 of ingredients)

Want to host the perfect tea party? In this half day course you not only learn how to prepare the party, but how to brew the perfect tea, including bubble and flowering teas, cocktails and mocktails.

Saturday	16 June	10:00am - 2:00pm	1 day course
----------	---------	------------------	--------------

ESOL - ENGLISH

ENGLISH FOR SPEAKERS OF OTHER LANGUAGES

ESOL courses are for people whose first language is not English. It will help you to improve your English skills, to live and work in New Zealand, or to gain skills for further study.

- Courses are subsidised by the Government through the Tertiary Education Commission, for those who have New Zealand residency or citizenship.
- Some places may be available for those on a visitor, work, holiday or study visa, but the higher fee will need to be paid. (Please visit our office or contact us on 521 9623 for information.)
- Please bring your passport and evidence of New Zealand residency to our office before your first lesson.

- All our tutors are qualified, native English speakers.
- Student's books and workbooks are included in fees for General English courses.
- Transport is easy with frequent buses from Britomart stopping outside Selwyn College. The routes are currently 756, 719, 771 and 745, but please check the Auckland Transport website for latest updates.
- For day courses there is a small amount of free parking at the ASB stadium next door. For evening courses, there is ample on-site parking available.

FEES

CITIZENS AND PERMANENT NZ RESIDENTS: English courses are subsidised by the Tertiary Education Commission for NZ citizens and residents. Some additional information will be collected for statistical purposes and 80% attendance is required.

STUDENTS WITH VISITOR, WORK, HOLIDAY OR STUDY VISAS: We welcome those visiting NZ to join our courses. The unsubsidised fee applies.

REFUGEES: There is no fee for those who have refugee status provided evidence is supplied. You will need to buy your course books.

STUDENTS' BOOKS: Our English and Fast Track Intensive courses use Oxford University Press English File. The Students' Book and Workbook cost approximately \$95. Our IELTS course book costs approximately \$60.

- Please check our website for changes to course times.
- Additional courses may be added if there is demand.

WE OFFER 7 TYPES OF CLASSES

- 1 ENGLISH:** Choose day or evening classes to improve your writing, reading, listening and speaking.*
- 2 CONVERSATION CLUB:** Choose day or evening classes to improve your listening and speaking skills.
- 3 FAST TRACK INTENSIVE:** Over 16 weeks, 4 days per week, you can improve your speaking, listening, reading and writing skills.*
- 4 IELTS PREPARATION - GENERAL AND ACADEMIC IELTS:** For students needing IELTS for immigration, university study or work.*
- 5 ENGLISH FOR WORK:** Choose day or evening classes to improve your English skills and employment options. Classes are available for both lower and higher level speakers of English.
- 6 PRONUNCIATION:** Improve your pronunciation skills.
- 7 KIWI CULTURE:** Learn more about New Zealand, including history, sport, and Maori culture.



* Students must buy text books for these courses.

LEVELS

We have 6 levels of day and night courses from Elementary to Advanced English.

BEGINNERS: For those with only a little English. Learn the basics to enable you to start to speak, listen, read and write.

ELEMENTARY: For those starting to understand and use simple English, who can understand familiar everyday expressions and phrases.

PRE-INTERMEDIATE: For those with basic communication skills, who can interact in a limited way on familiar topics at work, school or leisure.

INTERMEDIATE: For those with a good command of English, who can express themselves on a range of topics and interact confidently.

UPPER-INTERMEDIATE: For those with a very good command of English, who can use language flexibly and effectively for social, academic and professional purposes, and want new challenges.

ADVANCED: For those with an excellent command of English. This course focuses on building fluency in complex situations.

ESOL - ENGLISH - DAY COURSES

■ For more information
on Levels please
refer to pages 46 / 47

CONVERSATION CLUB

FRIDAY CONVERSATION CLUB WITH ACTIVITIES - PRE-INTERMEDIATE TO INTERMEDIATE (DAY)

Citizens/Residents:	FREE	Others:	\$200
Friday	16 February	9:00am - 12:00pm	8 week course
Friday	11 May	9:00am - 12:00pm	8 week course

ENGLISH CONVERSATION CLUB - PRE-INTERMEDIATE (DAY)

Citizens/Residents:	FREE	Others:	\$265
Mon + Fri	12 February	12:30pm - 2:30pm	8 week course
Mon + Fri	7 May	12:30pm - 2:30pm	8 week course
Mon + Fri	30 July	12:30pm - 2:30pm	8 week course
Mon + Fri	15 October	12:30pm - 2:30pm	8 week course

ENGLISH CONVERSATION CLUB - PRE-INTERMEDIATE (DAY)

Citizens/Residents:	FREE	Others:	\$265
Tues + Thurs	13 February	12:30pm - 2:30pm	8 week course
Tues + Thurs	8 May	12:30pm - 2:30pm	8 week course
Tues + Thurs	31 July	12:30pm - 2:30pm	8 week course
Tues + Thurs	16 October	12:30pm - 2:30pm	8 week course

ENGLISH CONVERSATION CLUB - INTERMEDIATE (DAY)

Citizens/Residents:	FREE	Others:	\$265
Tues + Wed	13 February	12:15pm - 2:15pm	8 week course
Tues + Wed	8 May	12:15pm - 2:15pm	8 week course
Tues + Wed	31 July	12:15pm - 2:15pm	8 week course
Tues + Wed	16 October	12:15pm - 2:15pm	8 week course

ENGLISH CONVERSATION CLUB - UPPER INTERMEDIATE (DAY)

Citizens/Residents:	FREE	Others:	\$265
Wed + Thurs	14 February	12:15pm - 2:15pm	8 week course
Wed + Thurs	9 May	12:15pm - 2:15pm	8 week course
Wed + Thurs	1 August	12:15pm - 2:15pm	8 week course
Wed + Thurs	17 October	12:15pm - 2:15pm	8 week course



ENGLISH

ENGLISH - ELEMENTARY (DAY)

Citizens/Residents:	\$130	Others:	\$490
Mon + Wed + Fri	12 February	9:15am - 11:15am	8 week course
Mon + Wed + Fri	7 May	9:15am - 11:15am	8 week course
Mon + Wed + Fri	30 July	9:15am - 11:15am	8 week course
Mon + Wed + Fri	15 October	9:15am - 11:15am	8 week course

ENGLISH - PRE-INTERMEDIATE (DAY)

Citizens/Residents:	\$170	Others:	\$490
Mon + Wed + Fri	12 February	9:15am - 11:15am	8 week course
Mon + Wed + Fri	7 May	9:15am - 11:15am	8 week course
Mon + Wed + Fri	30 July	9:15am - 11:15am	8 week course
Mon + Wed + Fri	15 October	9:15am - 11:15am	8 week course

ENGLISH - INTERMEDIATE (DAY)

Citizens/Residents:	\$170	Others:	\$490
Tue + Wed + Thu	13 February	9:15am - 11:15am	8 week course
Tue + Wed + Thu	8 May	9:15am - 11:15am	8 week course
Tue + Wed + Thu	31 July	9:15am - 11:15am	8 week course
Tue + Wed + Thu	16 October	9:15am - 11:15am	8 week course

ENGLISH - UPPER INTERMEDIATE (DAY)

Citizens/Residents:	\$170	Others:	\$490
Tue + Wed + Thu	13 February	9:15am - 11:15am	8 week course
Tue + Wed + Thu	8 May	9:15am - 11:15am	8 week course
Tue + Wed + Thu	31 July	9:15am - 11:15am	8 week course
Tue + Wed + Thu	16 October	9:15am - 11:15am	8 week course

FAST TRACK INTENSIVE

ENGLISH FAST TRACK INTENSIVE - ELEMENTARY (DAY)

Citizens/Residents:	FREE	Others:	\$1500
Classes 12 February to 10 April and 7 May to 2 July 2018. You must attend all 16 weeks.			
Mon+Tue+Thu+Fri	12 February	11:30am - 2:45pm	16 week course

ENGLISH FAST TRACK INTENSIVE - PRE-INTERMEDIATE (DAY)

Citizens/Residents:	FREE	Others:	\$1500
Please contact the office for class dates and times.			
TBC	30 July	TBC	16 week course

ENGLISH FAST TRACK INTENSIVE - INTERMEDIATE (DAY)

Citizens/Residents: FREE Others: \$1500

Classes 12 February to 9 April and 7 May to 2 July 2018. You must attend all 16 weeks.

Mon+Tue+Wed+Thu 12 February 11:45am - 2:45pm 16 week course

ENGLISH FOR WORK

ENGLISH FOR WORK - PRE-INTERMEDIATE TO INTERMEDIATE (DAY)

Citizens/Residents: \$75 Others: \$395

Tue + Wed + Thu	13 February	12:45pm - 2:45pm	8 week course
Tue + Wed + Thu	8 May	12:45pm - 2:45pm	8 week course
Tue + Wed + Thu	31 July	12:45pm - 2:45pm	8 week course
Tue + Wed + Thu	16 October	12:45pm - 2:45pm	8 week course

IELTS

ENGLISH IELTS PREPARATION - INTERMEDIATE TO ADVANCED (DAY)

Citizens/Residents: \$115 Others: \$580

Mon + Wed + Fri	12 February	11:45am - 2:45pm	8 week course
Mon + Wed + Fri	7 May	11:45am - 2:45pm	8 week course
Mon + Wed + Fri	30 July	11:45am - 2:45pm	8 week course
Mon + Wed + Fri	15 October	11:45am - 2:45pm	8 week course

IELTS ONE WEEK INTENSIVE COURSE - INTERMEDIATE TO ADVANCED (DAY)

Citizens/Residents: \$60 Others: \$290

Mon - Fri	22 January	9:00am - 3:00pm	1 week course
Tues - Sat	11 December	9:00am - 3:00pm	1 week course

CULTURE & PRONUNCIATION

ENGLISH IMPROVE YOUR PRONUNCIATION SKILLS - INTERMEDIATE TO ADVANCED (DAY)

Citizens/Residents: \$20 Others: \$75

Saturday	7 April	10:00am - 4:00pm	1 day course
----------	---------	------------------	--------------

KIWI CULTURE - INTERMEDIATE TO ADVANCED (DAY)

Citizens/Residents: \$35 Others: \$135

Monday	12 February	9:15am - 11:15am	8 week course
Monday	7 May	9:15am - 11:15am	8 week course
Monday	30 July	9:15am - 11:15am	8 week course
Monday	15 October	9:15am - 11:15am	8 week course



ESOL - ENGLISH - NIGHT COURSES

For more information on Levels please refer to pages 46 / 47

CONVERSATION CLUB

ENGLISH CONVERSATION CLUB - ELEMENTARY TO PRE-INTERMEDIATE (NIGHT)

Citizens/Residents: FREE Others: \$200

Mon + Tue + Wed	12 February	6:00pm - 7:00pm	8 week course
Mon + Tue + Wed	7 May	6:00pm - 7:00pm	8 week course
Mon + Tue + Wed	30 July	6:00pm - 7:00pm	8 week course
Mon + Tue + Wed	15 October	6:00pm - 7:00pm	8 week course

ENGLISH CONVERSATION CLUB - INTERMEDIATE TO UPPER INTERMEDIATE (NIGHT)

Citizens/Residents: FREE Others: \$135

Mon + Wed	12 February	6:00pm - 7:00pm	8 week course
Mon + Wed	7 May	6:00pm - 7:00pm	8 week course
Mon + Wed	30 July	6:00pm - 7:00pm	8 week course
Mon + Wed	15 October	6:00pm - 7:00pm	8 week course

ENGLISH

ENGLISH - BEGINNERS (NIGHT)

Citizens/Residents: \$170 Others: \$490

Mon + Tue + Wed	12 February	7:00pm - 9:00pm	8 week course
Mon + Tue + Wed	7 May	7:00pm - 9:00pm	8 week course
Mon + Tue + Wed	30 July	7:00pm - 9:00pm	8 week course
Mon + Tue + Wed	15 October	7:00pm - 9:00pm	8 week course

ENGLISH - ELEMENTARY (NIGHT)

Citizens/Residents: \$170 Others: \$490

Mon + Tue + Wed	12 February	7:00pm - 9:00pm	8 week course
Mon + Tue + Wed	7 May	7:00pm - 9:00pm	8 week course
Mon + Tue + Wed	30 July	7:00pm - 9:00pm	8 week course
Mon + Tue + Wed	15 October	7:00pm - 9:00pm	8 week course

ENGLISH - PRE-INTERMEDIATE (NIGHT)

Citizens/Residents: \$170 Others: \$490

Mon + Tue + Wed	12 February	7:00pm - 9:00pm	8 week course
Mon + Tue + Wed	7 May	7:00pm - 9:00pm	8 week course
Mon + Tue + Wed	30 July	7:00pm - 9:00pm	8 week course
Mon + Tue + Wed	15 October	7:00pm - 9:00pm	8 week course

ENGLISH - INTERMEDIATE (NIGHT)

Citizens/Residents: \$130 Others: \$490

Mon + Tue + Wed	12 February	7:00pm - 9:00pm	8 week course
Mon + Tue + Wed	7 May	7:00pm - 9:00pm	8 week course
Mon + Tue + Wed	30 July	7:00pm - 9:00pm	8 week course
Mon + Tue + Wed	15 October	7:00pm - 9:00pm	8 week course

ENGLISH - UPPER INTERMEDIATE (NIGHT)

Citizens/Residents: \$145 Others: \$360

Mon + Wed	12 February	7:00pm - 9:00pm	8 week course
Mon + Wed	7 May	7:00pm - 9:00pm	8 week course
Mon + Wed	30 July	7:00pm - 9:00pm	8 week course
Mon + Wed	15 October	7:00pm - 9:00pm	8 week course

ENGLISH - ADVANCED (NIGHT)

Citizens/Residents: \$145 Others: \$360

Mon + Wed	12 February	7:00pm - 9:00pm	8 week course
Mon + Wed	7 May	7:00pm - 9:00pm	8 week course
Mon + Wed	30 July	7:00pm - 9:00pm	8 week course
Mon + Wed	15 October	7:00pm - 9:00pm	8 week course

IELTS

ENGLISH IELTS PREPARATION (NIGHT)

Citizens/Residents: \$75 Others: \$395

Mon + Tue + Wed	12 February	7:00pm - 9:00pm	8 week course
Mon + Tue + Wed	7 May	7:00pm - 9:00pm	8 week course
Mon + Tue + Wed	30 July	7:00pm - 9:00pm	8 week course
Mon + Tue + Wed	15 October	7:00pm - 9:00pm	8 week course

ENGLISH GENERAL IELTS WRITING - UPPER INTERMEDIATE TO ADVANCED (NIGHT)

Citizens/Residents: \$25 Others: \$80

Tuesday	13 February	6:00pm - 7:00pm	8 week course
Tuesday	8 May	6:00pm - 7:00pm	8 week course
Tuesday	31 July	6:00pm - 7:00pm	8 week course
Tuesday	16 October	6:00pm - 7:00pm	8 week course

ENGLISH FOR WORK

ENGLISH FOR BUSINESS - UPPER INTERMEDIATE TO ADVANCED (NIGHT)

Citizens/Residents: \$35 Others: \$135

Tuesday	13 February	7:00pm - 9:00pm	8 week course
Tuesday	8 May	7:00pm - 9:00pm	8 week course
Tuesday	31 July	7:00pm - 9:00pm	8 week course
Tuesday	16 October	7:00pm - 9:00pm	8 week course

HEALTH, WELL-BEING & FITNESS

ALLERGEN FREE COOKING

Price: \$133 (Includes \$60 of ingredients)

Come and learn to create flavourful and nutritious meals for people with common food allergies such as dairy, gluten, soy, egg, nuts and seafood.

Wednesday	17 October	7:00pm - 9:00pm	4 week course
-----------	------------	-----------------	---------------

ALLERGY FRIENDLY BAKING

See Cooking - Healthy Eating

AYURVEDIC COOKING AND NUTRITION

Price: \$135 (Includes \$35 of ingredients)

Are you interested in knowing how to achieve a vibrant state of health and wellbeing through proper use of food? Would you like to learn about the connection between your constitution (body type) and the food you eat? Learn to create simple, tasty and nutritious vegetarian meals by incorporating a range of spices while appreciating their health benefits.

Tuesday	6 March	6:30pm - 9:00pm	4 week course
---------	---------	-----------------	---------------

CREATING A CALMER YOU

Price: \$96

Is anxiety controlling your life? Anxiety is commonly known as worry or stress and can manifest itself in a range of different situations. If you want to live life free of excessive or unnecessary anxiety, then this course is for you.

Tuesday	20 March	7:00pm - 9:00pm	4 week course
---------	----------	-----------------	---------------

DANCEFIT

Price: \$74

Stay fit and have some fun in this fast paced class. Enjoy great music!

Monday	12 February	6:00pm - 7:00pm	8 week course
Monday	7 May	6:00pm - 7:00pm	8 week course
Monday	30 July	6:00pm - 7:00pm	8 week course
Monday	15 October	6:00pm - 7:00pm	8 week course

DANCERCISE - FOR THE 40+

Price: \$79

If you are 40+ and want to improve your strength, cardiovascular health, balance, coordination and flexibility then this is the course for you. This class is designed to match the fitness levels of active older adults and those new to cardio exercise.

Note: In Term 1 this course will be held off-site at Te Oro Arts Centre in Line Rd, Glen Innes (next to the library). Please view the website for the venue and price for the rest of the year.

Wednesday	14 February	5:00pm - 6:00pm	8 week course
Wednesday	9 May	5:00pm - 6:00pm	8 week course
Wednesday	1 August	5:00pm - 6:00pm	8 week course
Wednesday	17 October	5:00pm - 6:00pm	8 week course

DE-STRESS AND RELAX THROUGH MINDFULNESS

Price: \$115

Come to a place within that is a calm, centred presence and discover stillness, simplicity and contentment. Based on yogic practices these classes will include breath awareness with a series of simple and very gentle movements to encourage mindfulness, support healing, relaxation and breath-body-mind connection.

Wednesday	14 February	6:30pm - 8:00pm	8 week course
Wednesday	17 October	6:30pm - 8:00pm	8 week course

GLOBAL VEGAN

See Cooking - Healthy Eating

MATCHA 101 (WEEKEND)

See Cooking - Healthy Eating

MEMORISING MADE EASY

See Personal Development

MINDFULNESS - AN URBAN RETREAT (WEEKEND)

Price: \$150

If you are curious about mindfulness and meditation and would like to learn more then this weekend is for you. If you have an established practice or would like to create one then this course will help you to go deeper into mindfulness and support you to set up a routine.

Sat + Sun	26 May	10:00am - 3:00pm	2 day course
Sat + Sun	25 August	10:00am - 3:00pm	2 day course



NATURAL AND AFFORDABLE HOME REMEDIES (DAY)

Price: \$92 (Includes \$15 of materials)

Learn some easily accessible, affordable and simple home remedies for helping to keep your family healthy.

Saturday	8 September	10:00am - 5:00pm	1 day course
----------	-------------	------------------	--------------

RAW POWER

See Cooking - Healthy Eating

SELF HYPNOSIS - FOR SELF-HEALING AND GROWTH

Price: \$96

Do you want to improve self-confidence, reduce pain, develop healthy habits or improve your performance at work or in sport? Come and learn how to be proficient and comfortable using self-hypnosis at home or at work.

Wednesday	9 May	7:00pm - 9:00pm	4 week course
-----------	-------	-----------------	---------------

SOOTHING SALVES AND LUXURIOUS LOTIONS (WEEKEND / NIGHT)

Price: \$120 (November) \$155 (June) - (Includes \$60 of ingredients)

Learn the basics to make herbal infused oils, salves, lotions, and your own skin-soaking preparations without any synthetic ingredients; especially helpful for those with sensitive skin. Bring home a range of balms, salves and lotions, scented with individual choices of essential oils.

Monday	11 June	6:30pm - 9:00pm	4 week course
Saturday	10 November	10:00am - 4:00pm	1 day course

SUGAR FREE LIVING - ONE DAY COURSE (WEEKEND)

Price: \$92 (Includes \$8 of ingredients)

Would you like to quit sugar and make healthier food choices? Do you need some guidance to get you started? By attending this one-day workshop you'll find out how sugar impacts on your health and what the good alternatives are.

Saturday	8 September	10:00am - 4:00pm	1 day course
----------	-------------	------------------	--------------

SURYA NAMASKARA - SALUTE TO THE SUN (WEEKEND)

See Health, Well-being & Fitness - Yoga & Pilates

THE ART OF CONVERSATION

See Languages

THE HEALING KITCHEN

See Cooking - Healthy Eating

USING NATIVE PLANTS FOR HEALING (WEEKEND)

Price: \$92 (Includes \$15 of materials)

Haere mai, learn more about your local bush and the plants that grow there and discover how to use them as simple home remedies for common ailments and conditions.

Saturday 19 May 10:00am - 5:00pm 1 day course



HEALTH, WELL-BEING & FITNESS - TAI CHI

Tai Chi is meditation in motion. Come and learn a series of slow, continuous movements that will promote physical and mental well-being, and improve coordination and balance.

The elementary level of Tai Chi teaches you the correct stances and movements that cultivate the flow of chi (energy) in your body. Most students practise at elementary level for a year or more. The focus is on developing the rounded and relaxed movements (steps) of Tai Chi with the correct posture. Once students can perform their steps accurately and is second-nature, the focus shifts to feeling chi in the body.

In the second level of Tai Chi, the focus of learning is to develop an awareness of the balance between internal and external chi. Students may study at this level for several years before progressing.

As demand develops, we will offer higher levels of Tai Chi. Please enquire.



TAI CHI - ELEMENTARY @ ORAKEI (DAY)

Price: \$119

This class, held at the Orakei Community Centre, is suitable for beginners and also for those with some experience.

Friday	9 February	12:30pm - 2:00pm	9 week course
Friday	4 May	12:30pm - 2:00pm	9 week course
Friday	3 August	12:30pm - 2:00pm	9 week course
Friday	19 October	12:30pm - 2:00pm	9 week course

TAI CHI - ELEMENTARY

Price: \$110

This class is suitable for beginners and those with some experience.

Saturday	10 February	2:00pm - 3:30pm	8 week course
Saturday	12 May	2:00pm - 3:30pm	8 week course
Saturday	4 August	2:00pm - 3:30pm	8 week course
Saturday	27 October	2:00pm - 3:30pm	8 week course
Tuesday	13 February	7:30pm - 9:00pm	8 week course
Tuesday	8 May	7:30pm - 9:00pm	8 week course
Tuesday	31 July	7:30pm - 9:00pm	8 week course
Tuesday	16 October	7:30pm - 9:00pm	8 week course
Wednesday	14 February	7:30pm - 9:00pm	8 week course
Wednesday	9 May	7:30pm - 9:00pm	8 week course
Wednesday	1 August	7:30pm - 9:00pm	8 week course
Wednesday	17 October	7:30pm - 9:00pm	8 week course

TAI CHI - LEVEL 2

Price: \$110

Invitation only. This level 2 class is for those who have mastered the basic forms and posture and have been invited to progress to this level by teacher Bruno.

Tuesday	13 February	6:00pm - 7:30pm	8 week course
Tuesday	8 May	6:00pm - 7:30pm	8 week course
Tuesday	31 July	6:00pm - 7:30pm	8 week course
Tuesday	16 October	6:00pm - 7:30pm	8 week course
Wednesday	14 February	6:00pm - 7:30pm	8 week course
Wednesday	9 May	6:00pm - 7:30pm	8 week course
Wednesday	1 August	6:00pm - 7:30pm	8 week course
Wednesday	17 October	6:00pm - 7:30pm	8 week course

HEALTH, WELL-BEING & FITNESS - YOGA & PILATES

DE-STRESS AND RELAX THROUGH MINDFULNESS

See Health, Well-being & Fitness

PILATES - BEGINNERS

Price: \$107

Join this class which is especially for those who are new to pilates. It will introduce you to the foundation skills of pilates which include breathing and the isolation of muscle groups for targeted effort.

Wednesday	14 February	5:30pm - 6:30pm	8 week course
Wednesday	9 May	5:30pm - 6:30pm	8 week course
Wednesday	1 August	5:30pm - 6:30pm	8 week course
Wednesday	17 October	5:30pm - 6:30pm	8 week course

PILATES - FOR EVERYONE (WEEKEND)

Price: \$107

This open entry class is for both beginners and those with some pilates experience who would like a Saturday morning class.

Saturday	10 February	9:00am - 10:00am	8 week course
Saturday	12 May	9:00am - 10:00am	8 week course
Saturday	4 August	9:00am - 10:00am	8 week course
Saturday	27 October	9:00am - 10:00am	8 week course

PILATES - FOR EVERYONE

Price: \$107

This open entry class is for both beginners and those with some pilates experience.

Tuesday	13 February	6:30pm - 7:30pm	8 week course
Tuesday	8 May	6:30pm - 7:30pm	8 week course
Tuesday	31 July	6:30pm - 7:30pm	8 week course
Tuesday	16 October	6:30pm - 7:30pm	8 week course



SURYA NAMASKARA - SALUTE TO THE SUN (WEEKEND)

Price: \$50

Surya Namaskara is an ancient and powerful yogic practice that consists of a repetition of 12 postures that works on all levels of our being: physically, emotionally, mentally and spiritually. It is a complete and systematic practice in its own right that can work therapeutically to heal, energise and rejuvenate the practitioner.

Saturday	16 June	10:00am - 12:00pm	1 day course
Saturday	10 November	10:00am - 12:00pm	1 day course

YIN YOGA

Price: \$115

If you're tired, perhaps struggling to manage stress or anxiety, craving energy, or perhaps overstimulated with a busy mind, this course might just be the answer. Yin Yoga is the gentle side of a yoga practice, passive with supported postures and targeting the deeper connective tissues.

Tuesday	13 February	6:30pm - 8:00pm	8 week course
Tuesday	8 May	6:30pm - 8:00pm	8 week course
Tuesday	31 July	6:30pm - 8:00pm	8 week course
Tuesday	16 October	6:30pm - 8:00pm	8 week course

YOGA - BEGINNERS

Price: \$107

Are you wanting to harness the benefits of yoga but don't know where to start? Do you have concerns about injuries, flexibility and fitness? Join this inclusive class with patient and experienced tutors who will show you the basics of yoga within the limitations of your body. Stretch, relax and feel good!

Monday	12 February	6:30pm - 8:00pm	8 week course
Tuesday	13 February	6:00pm - 7:30pm	8 week course
Monday	7 May	6:30pm - 8:00pm	8 week course
Tuesday	8 May	6:00pm - 7:30pm	8 week course
Monday	30 July	6:30pm - 8:00pm	8 week course
Tuesday	31 July	6:00pm - 7:30pm	8 week course
Monday	15 October	6:30pm - 8:00pm	8 week course
Tuesday	16 October	6:00pm - 7:30pm	8 week course



YOGA - CONTINUING

Price: \$107

For those with some yoga experience to extend their practice.

Monday	12 February	6:30pm - 8:00pm	8 week course
Wednesday	14 February	7:00pm - 8:30pm	8 week course
Monday	7 May	6:30pm - 8:00pm	8 week course
Wednesday	9 May	6:30pm - 8:00pm	8 week course
Monday	30 July	6:30pm - 8:00pm	8 week course
Wednesday	1 August	6:30pm - 8:00pm	8 week course
Monday	15 October	6:30pm - 8:00pm	8 week course
Wednesday	17 October	7:00pm - 8:30pm	8 week course

YOGA - @ ORAKEI (DAY)

Price: \$119

Tone and revitalise your whole body at your own pace in this mid week daytime course.

Thursday	15 February	10:00am - 11:30am	9 week course
Thursday	10 May	10:00am - 11:30am	9 week course
Thursday	2 August	10:00am - 11:30am	9 week course
Thursday	18 October	10:00am - 11:30am	9 week course

YOGA - FOR CHILDREN AND FAMILIES (WEEKEND)

See Children & Teens

YOGA - FOR EVERYONE (WEEKEND)

Price: \$107

Stretch, relax and feel good! Yoga helps you to tone, strengthen and revitalise your whole body and learn to manage stress. This class welcomes both beginners and those with some experience.

Saturday	10 February	9:00am - 10:30am	8 week course
Saturday	12 May	9:00am - 10:30am	8 week course
Saturday	4 August	9:00am - 10:30am	8 week course
Saturday	27 October	9:00am - 10:30am	8 week course

YOGA NIDRA

Price: \$107

Do you feel stressed, tired, having trouble sleeping, or generally lacking in energy with the effort of trying to fit everything in? Yoga Nidra can help. Although called 'Yoga' Nidra there is no physical exercise involved. It is a deeply restorative guided relaxation which can help relieve the effects of living a busy and active life.

Tuesday	8 May	7:00pm - 8:00pm	8 week course
---------	-------	-----------------	---------------

HISTORY, ARCHITECTURE & SOCIETY

A JOURNEY UP THE NILE - A STUDY OF ANCIENT EGYPT

Price: \$90

Take a virtual tour up the Nile from Cairo to Aswan and learn about the history of Ancient Egypt. Step back in time with Dr Lawrence Xu-Nan of the University of Auckland and discover the many ancient sites of Egypt while gaining an understanding of Egyptian art, religion and society.

Tuesday	4 September	6:30pm - 8:30pm	4 week course
---------	-------------	-----------------	---------------

ANCIENT GREECE - FROM THE TROJAN HORSE TO ALEXANDER THE GREAT

Price: \$90

Travel back through time for this four part historical overview of Ancient Greece. This informative and captivating course will cover four periods of Ancient Greek history with a focus on Athens including early Greece (1600-600 BC), the Archaic period, the Classical period and the Hellenistic Period.

Wednesday	16 May	6:30pm - 8:30pm	4 week course
-----------	--------	-----------------	---------------

AUSTRALIAN INDIGENOUS ART AND CULTURE (WEEKEND)

Price: \$80

This course offers an overview of Australian Indigenous Art, beginning with Aboriginal rock carvings, body paintings and ground designs, and ending with the most recent developments in new media.

Saturday	16 June	10:00am - 4:00pm	1 day course
----------	---------	------------------	--------------

EXPLORING BOB DYLAN

See Music, Dance & Drama

FASHION TRENDS OF THE PAST (WEEKEND)

Price: \$80

Come and explore the fashion trends of the past. We will examine paintings and art, learn about clothing, and the decoration of homes and see how these trends have evolved into the ever-changing fashion industry of today.

Saturday	8 September	10:00am - 4:00pm	1 day course
----------	-------------	------------------	--------------

HISTORIC AUCKLAND WALKS - GUIDED AUCKLAND CITY WALK (WEEKEND)

See Tours & Walks

HOW TO CREATE A SUSTAINABLE FUTURE (WEEKEND)

Price: \$75

Are you wanting to help a more sustainable future? Are you wanting to encourage others to do the same? Come and learn from Dr Niki Harre how to conduct exercises to teach others the psychology of sustainability.

Sunday 17 June 10:00am - 4:00pm 1 day course

INTRODUCTION TO FREUD AND JUNG

See Personal Development

INTRODUCTION TO PSYCHOLOGY

See Personal Development

LET'S RESEARCH YOUR FAMILY HISTORY (WEEKEND)

Price: \$124

DNA? Lost Cousins? Lost great-grandparents? Let's dig for the roots of YOUR family history! Let's look at what you know and how to find more on the internet. We have a Saturday working together, then you can try at home and come back for an evening session, checking you have learnt the techniques required. Let's Research!

Sat + Wed 7 + 11 April 10am-4pm + 7pm-9pm 2 day course

LIBRARY TALKS (DAY)

- ANCIENT GREECE / GIOTTO / MICHELANGELO / A JOURNEY UP THE NILE / WILLIAM MORRIS TO FRANK LLOYD WRIGHT AND THE NZ LINK / THE RISE AND FALL OF THE ROMAN EMPIRE / ...AND MORE!

See Library Talks

MONUMENTS FROM THE ROMAN EMPIRE (WEEKEND)

Price: \$80

The Roman Empire, an enduring empire in human history, lasted for many centuries due to the Romans' great innovations, including the most important, roads and aqueducts. Come and learn more about these great achievements.

Sunday 9 September 10:00am - 4:00pm 1 day course

NEW ZEALAND ART HISTORY - AN INTRODUCTION

Price: \$90

Join us for an overview of New Zealand Art History, beginning with the topographical works of artists such as Charles Heaphy and ending with an examination of contemporary art practice in New Zealand.

Monday 11 June 7:00pm - 9:00pm 4 week course

NINETEENTH CENTURY FRENCH ART HISTORY

Price: \$90

Looking at the Neo-Classical to Post-Impressionist periods, join Ashlee Lala for an intriguing overview of French Art History.

Monday 3 September 7:00pm - 9:00pm 4 week course

SECRETS OF ITALIAN ARCHITECTURE

Price: \$130

From Mannerism to Baroque architecture with Michelangelo, Palladio and Bernini, join us and learn fascinating insights into how these buildings evolved.

Wednesday 15 August 7:00pm - 9:00pm 6 week course

THE ARCHITECTURE OF THE CBD (WEEKEND)

See Tours & Walks

THE ART AND CRAFT MOVEMENT

- FROM WILLIAM MORRIS TO FRANK LLOYD WRIGHT AND THE NZ LINK

Price: \$110

Discover how this international movement of the late 19th to early 20th centuries, which grew out of concern for the effects of industrialisation, impacted the way in which we design and manufacture everyday products in today's world.

Wednesday 29 August 7:00pm - 9:00pm 5 week course

THE BEATLES - BEFORE, BEHIND AND BEYOND

See Music, Dance & Drama

THE GEOLOGY, VOLCANOES AND LANDFORMS OF NORTHLAND AND AUCKLAND

See Tours & Walks



THE RISE AND FALL OF THE ROMAN EMPIRE

Price: \$52

Join historian Richard Holtz for an overview of four fascinating periods of Roman History.

Tuesday 7 August 6:30pm - 7:30pm 4 week course

UNDERSTANDING INDIA (WEEKEND)

Price: \$75

India is a country that is united by its diversity. The geography, culture, religion, food, arts and architecture – every aspect is different as one travels from North to South, East to West. This course is ideal for those with a curiosity and passion for India or for those considering travelling to India.

Saturday 16 June 10:00am - 4:00pm 1 day course

WOMEN IN ISLAM

Price: \$56

Islamic societies and the media have often portrayed a negative image of Muslim women, leaving many with misconceptions and questions about women's status in Islam. This course will explore basic beliefs and principles in regards to Muslim women's rights, duties and responsibilities in Islam.

Wednesday 8 August 6:30pm - 8:30pm 3 week course



HOME, GARDEN & DIY



ART & INTERIOR DESIGN (WEEKEND)

Price: \$80

Home owners, renovators, keen interior designers! Join Cristina and learn how to use paintings, sculpture and rugs to add colour and texture to your living spaces. You will learn how to select artworks that reflect your own style and add a personal signature for your interiors.

Sunday 9 September 10:00am - 4:00pm 1 day course

AT HOME ON THE ROAD (WEEKEND)

See Languages & Travel

BASIC CAR MAINTENANCE (WEEKEND)

Price: \$52

A hands-on introduction to basic car maintenance which will help keep your car costs low and ensure you know what to do if your car breaks down.

Saturday 7 April 8:30am - 11:30pm 1 day course
Saturday 8 September 8:30am - 11:30pm 1 day course

CELEBRATE CHRISTMAS WITH FLOWERS (WEEKEND)

Price: \$88 (Includes \$20 of materials)

Create flower arrangements to decorate your home and to help celebrate the festive season. In this one day course, you will learn to make gorgeous wreaths and table displays using both traditional and contemporary techniques. Fresh flowers and accessories provided. You'll take home your creations.

Sunday 11 November 10:00am - 3:00pm 1 day course



CRASH COURSE IN CONTAINER GARDENING (WEEKEND)

Price: \$42

Learn the special tricks of container gardening from an expert.

Saturday	7 April	10:00am - 1:00pm	1 day course
----------	---------	------------------	--------------

CREATING PAUA JEWELLERY (WEEKEND)

Price: \$95 (Includes materials)

Create exquisite and unique pieces for jewellery by combining beautiful paua or mussel shells with pearls, silver or gold leaves, crystals and beads. You will make a necklace and a bracelet. Once you know how, you can use your skills to also make brooches and pendants.

Saturday	16 June	10:00am - 4:00pm	1 day course
----------	---------	------------------	--------------

DECLUTTER AND/OR DOWNSIZE YOUR HOME (WEEKEND)

Price: \$65

Your lifestyle and life challenges may well dictate a reorganisation of your home priorities and belongings, resulting in a need to downsize and/or declutter. Learn how to manage this process.

Sunday	8 April	10:00am - 3:00pm	1 day course
Sunday	11 November	10:00am - 3:00pm	1 day course

EFFECTIVE PLANTING FOR YOUR GARDEN (WEEKEND)

Price: \$79

Visit your garden centre or nursery with the confidence to choose the right plant the first time. Develop an understanding of what plants need to grow and flourish, appreciate what plant combinations work well and gain the tips and tricks professionals use to achieve a great look. We will make a site visit to the Auckland Botanic Gardens.

Monday + 1 Sat	14 May	7:00pm - 8:30pm	3 week course + 1 Saturday 9am -12pm
----------------	--------	-----------------	--------------------------------------

FUN WITH FLORAL DESIGN - INTRODUCTION (WEEKEND)

Price: \$88 (Includes \$25 of materials)

Learn the basics of floristry with a special arrangement using oasis. The design will be made with fresh seasonal flowers and participants will be able to take home their creation!

Sunday	8 April	10:00am - 3:00pm	1 day course
--------	---------	------------------	--------------



FUN WITH FLORAL DESIGN - LEVEL 2 (WEEKEND)

Price: \$88 (Includes \$20 of materials)

Continue your journey into studying the art of floral design, learning finer wiring techniques to create more detailed floral pieces. Fresh, seasonal flowers will be supplied and participants will be able to take home their creations.

Sunday	9 September	10:00am - 3:00pm	1 day course
--------	-------------	------------------	--------------

GORGEOUS GIFT WRAPPING (WEEKEND)

Price: \$53 (includes materials)

Come and learn how to turn your gifts into works of art. Discover the latest wrapping techniques using fabric squares which are environmentally friendly, how to tie the perfect bow and how to wrap unusually shaped presents.

Sunday	17 June	10:00am - 12:30pm	1 day course
--------	---------	-------------------	--------------

INTERIOR DESIGN BASICS

See Interior Design & Textiles

INTERIOR DESIGN BASICS - WORKSHOP (WEEKEND)

See Interior Design & Textiles

KNITTED WIRE JEWELLERY (WEEKEND)

See Art & Craft

LAMP SHADE MAKING (WEEKEND)

Price: \$98 (Includes \$40 lampshade kit. BYO fabric)

Produce your own stunning fabric lampshade in one short workshop.

Sunday	8 April	10:00am - 12:30pm	1 day course
Saturday	8 September	10:00am - 12:30pm	1 day course

LAMP SHADE MAKING - THE NEXT STEP (WEEKEND)

Price: \$98 (Includes \$40 lampshade kit. BYO fabric)

Now that you have the basics you can move on to learning the next steps.

Saturday	16 June	10:00am - 12:30pm	1 day course
----------	---------	-------------------	--------------



LET'S MAKE A BOKASHI COMPOST BIN (WEEKEND)

Price: \$60 (Includes \$25 of materials)

Bokashi is a composting system very suitable for the smaller home (even for those with only a balcony or patio garden). Leave this course with your very own bin and everything you need to get composting. The course fee includes all materials.

Sunday	9 September	9:00am - 12:00pm	1 day course
--------	-------------	------------------	--------------

LET'S MAKE BEESWAX WRAPS (WEEKEND)

Price: \$35 (Includes \$10 of materials)

Sick of throwing out plastic wrap? Want a more sustainable alternative? Join Kimberly and she will show you how to make your own reusable beeswax food wraps. Ideal gifts.

Sunday	9 September	9:00am - 10:30am	1 day course
--------	-------------	------------------	--------------

MAKING SOAP (WEEKEND)

Price: \$98 (Includes \$25 of materials)

Learn how to make soap using a variety of techniques and materials.

Sunday	8 April	10:00am - 4:00pm	1 day course
Sunday	9 September	10:00am - 4:00pm	1 day course

MID WINTER FLOWER ARRANGEMENTS (WEEKEND)

Price: \$95 (Includes \$20 of materials)

Just because it's cold and grey doesn't mean you can't enjoy fresh flowers inside. Come and discover what can be done with winter flowers and foliage and create a warm winter design to brighten up your home.

Sunday	17 June	10:00am - 4:00pm	1 day course
--------	---------	------------------	--------------

MOSAICS (WEEKEND)

See Art & Craft - Other

NATURAL AND AFFORDABLE HOME REMEDIES (DAY)

See Health, Well-being & Fitness



PEBBLE MOSAICS (WEEKEND)

Price: \$165 (Includes \$95 of materials)

Learn how to create gorgeous pebble mosaics through the precast indirect reverse method. You will leave the course with your very own garden slab.

Sunday	9 September	10:00am - 4:00pm	1 day course
--------	-------------	------------------	--------------

PERMACULTURE - AN INTRODUCTION (WEEKEND)

Price: \$49

Come to this workshop for an introduction to permaculture and how to apply the principles to your garden.

Saturday	16 June	10:00am - 2:00pm	1 day course
----------	---------	------------------	--------------

PRINCIPLES OF SMALL GARDEN DESIGN

Price: \$64

Create the best from your small courtyard or garden and create another room for modern living.

Monday	5 March	7:00pm - 9:00pm	3 week course
Monday	29 October	7:00pm - 9:00pm	3 week course

PRODUCING VEGETABLES AND FRUIT FROM SMALL GARDENS (WEEKEND)

Price: \$49

Come and learn how to get the best out of your small garden to enjoy a full year of produce.

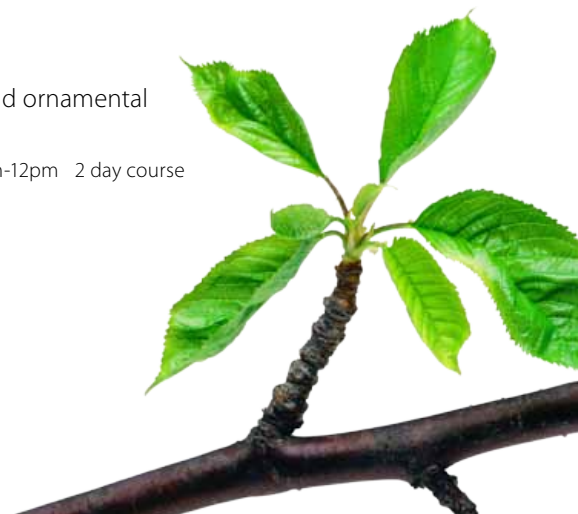
Saturday	10 November	10:00am - 2:00pm	1 day course
----------	-------------	------------------	--------------

PRUNING

Price: \$52

Discover how to correctly prune fruit trees and ornamental bushes for maximum productivity.

Wed + Sat	23 May	7pm-9pm + 10am-12pm	2 day course
-----------	--------	---------------------	--------------



SOFT STONE SCULPTURE (WEEKEND)

Price: \$130 (Includes sculpting block)

Create your own masterpiece to enhance your garden or interior spaces. The soft stone sculpture is one of the most accessible mediums to work with as ideas can be quickly realised and easily modified. Registrations close Friday before course starts.

Sunday	17 June	11:00am - 4:00pm	1 day course
Sunday	11 November	11:00am - 4:00pm	1 day course

SOOTHING SALVES AND LUXURIOUS LOTIONS (WEEKEND)

See Health, Well-being & Fitness

THE ART OF FOLDING BOOKS (WEEKEND)

See Art & Craft

UPHOLSTER YOUR OWN BED HEADBOARD (WEEKEND)

Price: \$275 (Includes headboard. BYO material)

Upholster your own queen-size headboard in this one day workshop in Papakura. Enrolments close 2 May to allow time for headboard frames to be manufactured. Please telephone to enquire about last minute places or alternate bed head sizes. Note: Workshop held in Papakura.

Sunday	6 May	10:00am - 4:00pm	1 day course
--------	-------	------------------	--------------

UPHOLSTER YOUR OWN FOOTSTOOL (WEEKEND)

Price: \$190 (Includes footstool. BYO material)

In this workshop, Voodoo Molly Vintage will introduce you to the wonderful world of upholstery. Enrolments close 1 May to ensure enough time to manufacture footstool frames. Please telephone to enquire about last minute places. Note: Workshop held in Papakura.

Saturday	5 May	10:00am - 4:00pm	1 day course
----------	-------	------------------	--------------

USING NATIVE PLANTS FOR HEALING (WEEKEND)

See Health, Well-being & Fitness

WEAVING BEAUTIFUL BASKETS (WEEKEND)

Price: \$250 (Includes most materials)

Have fun making natural baskets using cane, bark, driftwood and seagrass. You'll learn to work with a variety of materials and weave them into practical containers. You will need to bring some tools and oddments for this course.

Sat + Sun	10 November	9:30am - 4:30pm	2 day course
-----------	-------------	-----------------	--------------

WOODWORK FOR BEGINNERS

Price: \$162 (Materials additional)

A step-by-step class where you will learn to draw, measure and assemble a simple project (a stool). Gain confidence in using machinery, knowledge and characteristics of wood, different cuts, joins and techniques.

Monday	12 February	7:00pm - 9:00pm	8 week course
Wednesday	14 February	7:00pm - 9:00pm	8 week course
Monday	7 May	4:45pm - 6:45pm	8 week course
Monday	7 May	7:00pm - 9:00pm	8 week course
Monday	30 July	7:00pm - 9:00pm	8 week course
Wednesday	1 August	7:00pm - 9:00pm	8 week course
Monday	15 October	7:00pm - 9:00pm	8 week course

WOODWORK AND FURNITURE RESTORATION - BEYOND BEGINNERS

Price: \$126 (BYO materials)

Build or restore a small item of furniture. No recycled wood please. Bring your own materials. Places may also be available on Wednesdays starting February and August. Please enquire.

Wednesday	9 May	7:00pm - 9:00pm	8 week course
Wednesday	17 October	7:00pm - 9:00pm	8 week course



INTERIOR DESIGN & TEXTILES



ART & INTERIOR DESIGN (WEEKEND)

Price: \$80

Home owners, renovators, keen interior designers! Join Cristina and learn how to use paintings, sculpture and rugs to add colour and texture to your living spaces. You will learn how to select artworks that reflect your own style and add a personal signature for your interiors.

Sunday 9 September 10:00am - 4:00pm 1 day course

BODY SHAPE AND COLOURS - HOW TO LOOK YOUR BEST

Price: \$56

Learn to dress for your body shape and what colours work for you. Avoid costly mistakes and enhance your best features.

Monday 12 February 6:00pm - 9:00pm 1 night course

FASHION TRENDS OF THE PAST (WEEKEND)

Price: \$80

Through studying paintings and other art forms we can uncover fashion trends from the past and see how these trends have evolved into the ever-changing fashion industry of today.

Saturday 8 September 10:00am - 4:00pm 1 day course

GORGEOUS GIFT WRAPPING (WEEKEND)

See Home, Garden & DIY

INTERIOR DESIGN BASICS

Price: \$110

Want to achieve a home that is a true reflection of you? In this course you will not only identify what this is, you will identify tips on how to use colour, light and space in the most effective way.

Wednesday 14 February 7:00pm - 9:00pm 6 week course

INTERIOR DESIGN BASICS - WORKSHOP (WEEKEND)

Price: \$80

A crash course on interior design where you create your own 'dream room board' to take home.

Sunday 8 April 10:00am - 4:00pm 1 day course

INTERIOR DESIGN - MIXING & MATCHING STYLES INCLUDING SHABBY CHIC (WEEKEND)

Price: \$80

Wanting to redecorate but don't know where to start? This course will show you how to mix and match different interior styles, giving you the confidence to design a space you love. Learn how to mix antique pieces with contemporary furniture, and incorporate a shabby chic style into your home.

Sunday 17 June 10:00am - 4:00pm 1 day course

LAMP SHADE MAKING (WEEKEND)

Price: \$98 (Includes \$40 lampshade kit. (BYO materials))

Produce your own stunning fabric lampshade in one short workshop. Kit provided just bring your own fabric.

Sunday 8 April 10:00am - 12:30pm 1 day course
Sunday 8 September 10:00am - 12:30pm 1 day course

LAMP SHADE MAKING - THE NEXT STEP (WEEKEND)

Price: \$98 (Includes \$40 lampshade kit. (BYO materials))

Now that you have the basics you can move on to learning the next steps. Course fee includes lampshade kit. Bring your own fabric.

Saturday 16 June 10:00am - 12:30pm 1 day course

MAKE YOUR OWN BEAUTIFUL COOK ISLAND 'EI KATU' (WEEKEND)

See Art & Craft

PATTERN ALTERATION AND DESIGN

Price: \$147 (BYO materials)

If you have ever had trouble finding that exact pattern or design you have in mind or if everything you try on never seems to fit, this is the course for you.

Monday 7 May 7:00pm - 9:00pm 8 week course

SEWING - FOR BEGINNERS

Price: \$165 (BYO materials)

Always wanted to learn to sew? Come along to this fun class and make your own A-line or straight skirt while learning the basics of sewing.

Tuesday	20 February	7:00pm - 9:00pm	8 week course
Tuesday	15 May	7:00pm - 9:00pm	8 week course
Tuesday	7 August	7:00pm - 9:00pm	8 week course
Tuesday	23 October	7:00pm - 9:00pm	8 week course

SEWING WEEKEND - FOR BEGINNERS (WEEKEND)

Price: \$125 (BYO materials)

If you want to learn to sew a simple garment, or do some basic alterations, come along and learn some tricks of the trade.

Sat + Sun	7 April	10:00am - 4:00pm	2 day course
-----------	---------	------------------	--------------

SEWING - NEXT STEPS

Price: \$140 (BYO materials)

Completed the beginners course? Come and extend your skills while working on your own projects under Adelle's guidance.

Wednesday	16 May	7:00pm - 9:00pm	8 week course
Wednesday	24 October	7:00pm - 9:00pm	8 week course

TIVAETVAE - COOK ISLANDS QUILTING

Price: \$95 (BYO materials)

An introduction to this beautiful and colourful traditional Cook Islands art form.

Wednesday	28 February	6:00pm - 8:00pm	6 week course
Wednesday	15 August	6:00pm - 8:00pm	6 week course

UPHOLSTER YOUR OWN BED HEADBOARD (WEEKEND)

See Home, Garden & DIY

UPHOLSTER YOUR OWN FOOTSTOOL (WEEKEND)

See Home, Garden & DIY



LANGUAGES & TRAVEL - LANGUAGES

CHINESE MANDARIN - BEGINNERS

Price: \$135

Are you interested in speaking Chinese language? Are you working in an organisation which needs to deal with Chinese-speaking people? Are you going to travel in China or conduct business with Chinese? Join Dodo to explore Chinese culture, and start your Chinese language learning journey.

Tuesday	8 May	7:00pm - 9:00pm	8 week course
Tuesday	23 October	7:00pm - 9:00pm	8 week course

FRENCH - BEGINNERS (LEVEL 1)

Price: \$135

This course is designed as an introduction to long-term French learning. Suitable for absolute beginners or for those who have learned some French in the past and would like to consolidate basic skills as well as building up their French vocabulary.

Wednesday	14 February	7:15pm - 9:15pm	8 week course
Tuesday	7 August	7:00pm - 9:00pm	8 week course
Monday	15 October	7:00pm - 9:00pm	8 week course

FRENCH - BEGINNERS (LEVEL 2)

Price: \$135

For those who can greet others, introduce themselves and others, conjugate verbs to be and to have in present tense, count to 100, are able to agree gender and make negative sentences.

Monday	12 February	7:00pm - 9:00pm	8 week course
Wednesday	9 May	7:00pm - 9:00pm	8 week course
Tuesday	16 October	7:00pm - 9:00pm	8 week course

FRENCH - BEGINNERS (LEVEL 3)

Price: \$135

For those who can confidently talk about daily routines, conjugate a wide range of verbs in the present tense, and talk about likes and dislikes in French. This course will introduce the past tense.

Monday	7 May	7:00pm - 9:00pm	8 week course
Wednesday	8 August	7:00pm - 9:00pm	8 week course

FRENCH - IMPROVERS 1 (LEVEL 4)

Price: \$149

This course is for those who can confidently speak in French about themselves and others (age, occupation, nationality, family, residence), can confidently converse about food and daily routines and who have confidence with the verbs to be, to have, to work, to live, to like, to dislike (in present and past tenses).

Tuesday	13 February	6:00pm - 7:30pm	8 week course
Monday	6 August	7:45pm - 9:15pm	8 week course
Wednesday	17 October	6:00pm - 7:30pm	8 week course

FRENCH - IMPROVERS 2 (LEVEL 5)

Price: \$149

For those who can confidently use everyday French language in present and past tenses. This course will introduce the future tense.

Wednesday	14 February	5:30pm - 7:00pm	8 week course
Tuesday	8 May	7:45pm - 9:15pm	8 week course
Wednesday	17 October	7:45pm - 9:15pm	8 week course

FRENCH - INTERMEDIATE (LEVEL 6)

Price: \$149

For those who can confidently use present and past and are developing ability with future tenses. This course develops reading and writing.

Tuesday	8 May	6:00pm - 7:30pm	8 week course
Monday	6 August	6:00pm - 7:30pm	8 week course

GERMAN - BEGINNERS

Price: \$110

This is an introduction to German vocabulary, pronunciation and basic grammar.

Tuesday	14 August	7:00pm - 9:00pm	6 week course
---------	-----------	-----------------	---------------

GERMAN - IMPROVERS

Price: \$110

Continue your studies of spoken and written German.

Tuesday	30 October	7:00pm - 9:00pm	6 week course
---------	------------	-----------------	---------------



HINDI - BEGINNERS

Price: \$135

Learn Hindi, explore Indian culture, traditions and language in a friendly, interactive atmosphere.

Monday	7 May	7:00pm - 9:00pm	8 week course
--------	-------	-----------------	---------------

HINDI - CONTINUATION

Price: \$135

Learn more about Indian culture and Hindi language.

Monday	30 July	7:00pm - 9:00pm	8 week course
--------	---------	-----------------	---------------

ITALIAN - FOR TRAVELLERS (WEEKEND)

Price: \$80

Buongiorno. This lively course introduces the basics of the Italian language. Enrich your time in Italy by being able to communicate.

Saturday	7 April	10:00am - 4:00pm	1 day course
----------	---------	------------------	--------------

ITALIAN - BEGINNERS

Price: \$135

Buongiorno! Are you planning a trip to Italy? Do you have a fascination with all things Italian? Join us for this absolute beginners language course.

Wednesday	14 February	7:00pm - 9:00pm	8 week course
Wednesday	17 October	7:00pm - 9:00pm	8 week course

ITALIAN - CONTINUATION

Price: \$180

Continue learning Italian language.

Monday	12 February	7:00pm - 9:00pm	8 week course
Monday	15 October	7:00pm - 9:00pm	8 week course

JAPANESE - FOR TRAVELLERS (BEGINNERS)

Price: \$110

Travelling to Japan? Love Japanese food, movies and anime? Going skiing in Japan? Learn essential vocabulary and effective communication tips to enjoy your visit to Japan. This course will help you to appreciate the language and culture even more.

Tuesday	29 May	7:00pm - 9:00pm	6 week course
---------	--------	-----------------	---------------

KOREAN - BEGINNERS

This course will be scheduled when we have sufficient demand.

SPANISH - BEGINNERS (LEVEL 1)

Price: \$120 (February course) / \$135 (May, July, October courses)

Come join us in this fun class and begin your Spanish language learning.

Monday	19 February	7:00pm - 9:00pm	7 week course
Wednesday	9 May	7:00pm - 9:00pm	8 week course
Tuesday	31 July	7:00pm - 9:00pm	8 week course
Monday	15 October	7:00pm - 9:00pm	8 week course

SPANISH - (LEVEL 2)

Price: \$135

This second level class is for those who have confidence with greetings, introductions and the verb to be in the present tense. This course will introduce reflexive verbs and the present continuous tense.

Tuesday	13 February	7:00pm - 9:00pm	8 week course
Monday	7 May	7:00pm - 9:00pm	8 week course
Wednesday	1 August	7:00pm - 9:00pm	8 week course
Tuesday	16 October	7:00pm - 9:00pm	8 week course

SPANISH - (LEVEL 3)

Price: \$135

This third level Spanish class is for those who already have basic ability with present tense, irregular verbs, reflexive verbs and present continuous tense. This course will introduce the past tense.

Wednesday	14 February	6:00pm - 7:30pm	8 week course
Tuesday	8 May	6:00pm - 7:30pm	8 week course
Monday	30 July	6:00pm - 7:30pm	8 week course
Wednesday	17 October	6:00pm - 7:30pm	8 week course

SPANISH - (LEVEL 4)

Price: \$135

This fourth level course will review past tense and introduce future tense, conditional, subjunctive and imperative modes. Students should have strong ability in the present tense and developing ability in the past tense to attend this course.

Wednesday	14 February	7:30pm - 9:00pm	8 week course
Monday	30 July	7:30pm - 9:00pm	8 week course

SPANISH - ¡PRACTICAR CONVERSACIÓN ESPAÑOL! (LEVEL 5)

Price: \$135

¿Hablas Español? ¿Necesitas practicar tu español? Si quieres mejorar tu español... ven a este curso que lo vas a pasar fenomenal. For those with ability in past, present and future tenses wanting to develop fluency.

Tuesday	8 May	7:30pm - 9:00pm	8 week course
Wednesday	17 October	7:30pm - 9:00pm	8 week course

TE REO MĀORI - INTRODUCTORY (LEVEL 1)

Price: \$65

This course provides an introduction to the Māori language with an emphasis on pronunciation, greetings, and forms of language to be used in particular cultural contexts. This course is subsidised by TEC.

Tuesday	13 February	7:00pm - 9:00pm	8 week course
Tuesday	8 May	7:00pm - 9:00pm	8 week course
Tuesday	31 July	7:00pm - 9:00pm	8 week course
Tuesday	16 October	7:00pm - 9:00pm	8 week course

TE REO MĀORI - (LEVEL 2)

Price: \$65

Continue learning Te Reo Māori and participate in an optional overnight marae visit. This course is subsidised by TEC.

Wednesday	9 May	7:00pm - 9:00pm	8 week course + marae visit
Wednesday	17 October	7:00pm - 9:00pm	8 week course + marae visit

THAI - FOR TRAVELLERS

Price: \$147

With a focus on oral communication, this course will help you get greater enjoyment from your Thailand trip. Mana Tritip will teach you about greetings, shopping, dining out and asking directions.

Wednesday	14 February	7:00pm - 9:00pm	6 week course
-----------	-------------	-----------------	---------------

THE ART OF CONVERSATION

Price: \$72

Never know what to say at a social or networking event? Join us to learn the skills and confidence to introduce yourself in ways that are memorable and how to actively listen to people so you can remember what they're telling you, and how to respond well. These techniques are aimed to help you build rapport with other people.

Wednesday	15 August	7:00pm - 9:00pm	3 week course
-----------	-----------	-----------------	---------------

LANGUAGES & TRAVEL - TRAVEL

AT HOME ON THE ROAD (WEEKEND)

Price: \$53

If you are contemplating an RV (Recreational Vehicle) lifestyle, this course provides a comprehensive guide to the pitfalls and pleasures of being on the road including freedom camping options and rules, how to choose an RV that suits you, and the do's and don'ts of RVing.

Saturday 16 June 10am-12pm / 1pm-3pm 2 sessions

LIBRARY TALKS - A JOURNEY UP THE NILE (DAY)

See Library Talks

TRAVEL WRITING - WITH YVONNE VAN DONGEN (WEEKEND)

Price: \$120

Wanting to record your travel experiences whether exploring New Zealand or travelling further afield? Join experienced travel writer Yvonne Van Dongen and learn how to put these experiences into words for a blog, an email, a journal or for publication.

Saturday 18 August 10:00am - 4:00pm 1 day course

UNDERSTANDING INDIA (WEEKEND)

Price: \$75

India is a country that is united by its diversity. The geography, culture, religion, food, arts and architecture – every aspect is different as one travels from North to South, East to West. This course is idea for those with a curiosity and passion for India or for those considering travelling to India.

Saturday 16 June 10:00am - 4:00pm 1 day course

WALKING THE CAMINO DE SANTIAGO (WEEKEND)

Price: \$53

Do you have the Camino de Santiago on your bucket list? Find out about the life changing pilgrimage through this captivating course and learn the dos and don'ts to successfully tick this one off your bucket list.

Sunday 17 June 10:00am - 3:00pm 1 day course

WHEN IN NORTHERN ITALY

Price: \$80

This course will give you an overview of some fascinating places to visit in northern Italy. It will cover significant architectural and historical sites such as the Sforza castle in Milan and the Scrovegni Chapel in Padua. We'll also explore the history of Venetian villas and the Duke's Palace in Venice plus discuss highlights of the famous Cinque Terre and coastal walks in Genoa.

Wednesday 14 March 7:00pm - 9:00pm 3 week course

WHEN IN ROME (WEEKEND)

Price: \$80

Venice, Milan, Florence, Rome – the very names conjure up excitement and romance. Before you go, this virtual tour takes you there. The intending traveller to Italy will be introduced to some little known places and local favourites as well as major tourist attractions.

Saturday 16 June 10:00am - 4:00pm 1 day course

WHEN IN SOUTHERN ITALY (WEEKEND)

Price: \$80

Discover the most interesting parts of the Amalfi Coast to explore. Find out about the southern coastal cities of Naples, Bari, Brindisi, and Taormina in Sicily. Learn some basic Italian so you can greet people and ask simple questions. We'll also cover some tips to help keep travellers safe.

Sunday 11 November 10:00am - 4:00pm 1 day course



LIBRARY TALKS

A new category for 2018

Join some of our fascinating speakers and get a taste of some of the longer courses we offer throughout the year. Each topic is two hours long, held over two weeks. You will leave each talk with a much greater understanding of some fascinating people, times and places and possibly with a curiosity to know more.

All classes are held between 12:00pm and 1:00pm in the St Heliers Library.



ANCIENT GREECE (DAY)

Price: \$30

An overview of the major events and leaders that shaped Athenian history.

Thursday 5 + 12 April 12:00pm - 1:00pm 2 sessions

THE RISE AND FALL OF THE ROMAN EMPIRE (DAY)

Price: \$30

The history, archaeology and the impacts.

Thursday 24 + 31 May 12:00pm - 1:00pm 2 sessions

WILLIAM MORRIS TO FRANK LLOYD WRIGHT AND THE NZ LINK (DAY)

Price: \$30

An overview of this international movement.

Thursday 21 + 28 June 12:00pm - 1:00pm 2 sessions

A JOURNEY UP THE NILE (DAY)

Price: \$30

Take a virtual tour up the Nile from Cairo to Aswan and learn about the history of Ancient Egypt.

Thursday 2 + 9 August 12:00pm - 1:00pm 2 sessions

MICHELANGELO (DAY)

Price: \$30

The life of the artist and his masterpieces.

Thursday 20 + 27 September 12:00pm - 1:00pm 2 sessions

WRITING YOUR MEMORIES (DAY)

Price: \$30

Learn how to write about events and people who have shared your life.

Thursday 18 + 25 October 12:00pm - 1:00pm 2 sessions

GIOTTO (DAY)

Price: \$30

The life of the artist and his masterpieces.

Thursday 22 + 29 November 12:00pm - 1:00pm 2 sessions



MUSIC, DANCE & DRAMA



DANCE TO THE MUSIC

Price: \$75 (or \$130 per couple)

Come and have fun learning a variety of popular dance styles including Salsa, Ballroom, Latin, West Coast Swing, Jive, Cha Cha Cha and Rumba.

Wednesday 21 February 6:15pm - 7:15pm 6 week course

DRAMA FOR CHILDREN

See Children & Teens

EXPLORING BOB DYLAN

Price: \$90

Bob Dylan has been as influential as he is mysterious over his long career through the 20th and into the 21st century. Explore the life and work of the songwriter, through his religious, political and romantic lyrical themes, along with his personal history and his influence on pop culture.

Tuesday 23 October 7:00pm - 8:30pm 5 week course

GUITAR - BLUES - BEGINNERS

Price: \$94

Guitar theory and practical taught in a fun environment in a blues style. This class is aimed at total beginner guitar players.

Wednesday	14 February	6:00pm - 7:15pm	8 week course
Wednesday	9 May	6:00pm - 7:15pm	8 week course
Wednesday	1 August	6:00pm - 7:15pm	8 week course
Wednesday	17 October	6:00pm - 7:15pm	8 week course

GUITAR - BLUES - LEVEL 2

Price: \$94

If you have attended Master's Blues Guitar Beginners course you will have learned the structure of 12 Bar Blues and will now be able to play through both in Open Chord progression, and also in the familiar 'Chunka-Chunka' 2 note power chord.

Wednesday	14 February	7:15pm - 8:30pm	8 week course
Wednesday	9 May	7:15pm - 8:30pm	8 week course
Wednesday	1 August	7:15pm - 8:30pm	8 week course
Wednesday	17 October	7:15pm - 8:30pm	8 week course

GUITAR - POPULAR

For 'Guitar - Popular' tuition please phone Darmatin Harmadi on 0211806072 or email: darmatin@lycos.com

HAWAIIAN MOVES AND ISLAND GROOVES (@ PARNELL)

Price: \$85

This fun class will get you moving and learning some of the history and moves of Island dancing. Held at Parnell Trust, 545 Parnell Road, Parnell.

Tuesday	13 February	6:00pm - 7:30pm	8 week course
Tuesday	24 April	6:00pm - 7:30pm	8 week course

Phone 555-5164 for details and enrolment, or visit www.parnell.org.nz

PARNELL PRIMA DONNAS (@ PARNELL)

Price: \$130

Enhance your singing ability and confidence in this friendly and encouraging group. Practice singing techniques, and learn to release your inner prima donna. Held at Parnell Trust, 545 Parnell Road, Parnell.

Monday	12 February	5:30pm - 6:30pm	8 week course
Monday	23 April	5:30pm - 6:30pm	8 week course

Phone 555-5164 for details and enrolment, or visit www.parnell.org.nz

PIANO KEYBOARD ADULTS - BEGINNERS

Price: \$177

Learn to read music and play keyboards in 45 minute group sessions.

Monday	12 February	6:00pm - 6:45pm	16 week course
Monday	30 July	6:00pm - 6:45pm	16 week course

PIANO KEYBOARD ADULTS - ADVANCED

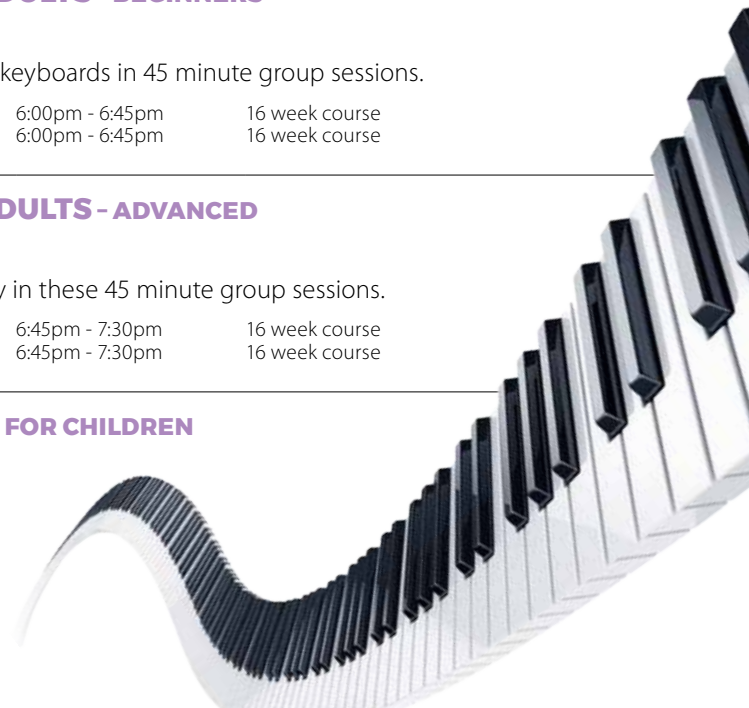
Price: \$177

Improve your keyboard ability in these 45 minute group sessions.

Monday	12 February	6:45pm - 7:30pm	16 week course
Monday	30 July	6:45pm - 7:30pm	16 week course

PIANO KEYBOARDS - FOR CHILDREN

See Children & Teens



REGGAETON DANCING - INTRODUCTION (WEEKEND)

Price: \$40 (or \$70 per couple)

Come along and learn the basic moves of this hot, spicy and energetic Cuban dance.

Saturday 8 September 1:00pm - 4:00pm 1 day course

SALSA AND BACHATA DANCING - FOR BEGINNERS

Price: \$75 (or \$130 per couple)

Bring your dance partner and experience an introduction to salsa and bachata dancing: enjoy the rhythm of these Latin dances. Learn some easy moves and impress on the dance floor!

Wednesday 22 August 6:15pm - 7:15pm 6 week course

SELWYN COMMUNITY ARTS THEATRE (SCAT)

Each year SCAT stage a community production, usually in Term 2. The production is confirmed in January and rehearsals will start in February.

Whether backstage, admin, acting, dancing, singing, ticketing, production or support crew, we can find a role for you. Please email if you are interested in being included in the 2018 production. High school students welcome and in some productions there may be roles for children.

SHAKE, RATTLE 'N' ROLL

Price: \$75 (or \$130 per couple)

Enjoy easy dance moves with clear demonstration of dance steps and movements in this introduction to Rock'n'Roll and Jive dancing.

Wednesday 17 October 6:15pm - 7:15pm 6 week course

THE BEATLES - BEFORE, BEHIND AND BEYOND

Price: \$90

Join renowned critic and music writer Graham Reid who will use some rare and unreleased music by the Beatles to explain their rise from Liverpool and the seedy clubs of Hamburg to world dominance.

Tuesday 15 May 7:00pm - 8:30pm 5 week course



UKULELE - FOR BEGINNERS

Price: \$106

Learn to play the uke! Basic chords, strumming patterns and tab. Bring a uke and a smile. Suitable for beginners or those who have basic experience. Ages 13 and above welcome. Each lesson is one and a half hours long.

Monday	12 February	6:00pm - 7:30pm	8 week course
Monday	7 May	6:00pm - 7:30pm	8 week course
Monday	30 July	6:00pm - 7:30pm	8 week course
Monday	15 October	6:00pm - 7:30pm	8 week course

UKULELE - THE NEXT STEP

Price: \$106

For those who are ready to progress in their ukulele practice. Each lesson is one and a half hours long.

Monday	12 February	7:30pm - 9:00pm	8 week course
Monday	7 May	7:30pm - 9:00pm	8 week course
Monday	30 July	7:30pm - 9:00pm	8 week course
Monday	15 October	7:30pm - 9:00pm	8 week course

UKULELE - INTERMEDIATE

Price: \$106

This class is for those who have finished The Next Step and want to become even more proficient. Join master ukulele teacher Ma'ara and he will take you through a selection of reggae, slow rock and waltzes and of course some traditional Pacific Island music as well. You will finish this course with a new confidence and repertoire.

Wednesday	14 February	7:00pm - 8:30pm	8 week course
Wednesday	9 May	7:00pm - 8:30pm	8 week course
Wednesday	1 August	7:00pm - 8:30pm	8 week course
Wednesday	17 October	7:00pm - 8:30pm	8 week course

WEST COAST SWING - FOR OVER 50'S

Price: \$75 (or \$130 per couple)

Enjoy easy dance moves with clear demonstration of dance steps and movements in this introduction to West Coast Swing.

Wednesday 16 May 6:15pm - 7:15pm 6 week course

PERSONAL DEVELOPMENT



BODY SHAPE AND COLOURS - HOW TO LOOK YOUR BEST

Price: \$56

Learn to dress for your body shape and what colours work for you. Avoid costly mistakes and enhance your best features.

Monday 12 February 6:00pm - 9:00pm 1 night course

CREATING A CALMER YOU

See Health, Well-being & Fitness

CREATING YOUR FUTURE - LIFE AND WORK AFTER 50 (WEEKEND)

See Accounting, Marketing & Money

CREATIVITY AND GRIEF (WEEKEND)

See Art & Craft

DEVELOP RAPPORT AND IMPROVE YOUR COMMUNICATION

Price: \$96

For many, being able to communicate effectively is a learned skill. Through applying the key concepts of neuro-linguistic programming (NLP), this course teaches you how to establish rapport and connect with others, skills that will improve relationship as well as provide you with confidence in both your working and personal lives.

Tuesday 12 June 7:00pm - 9:00pm 4 week course

HOW TO MAKE MORE MONEY AND THINK LIKE AN ENTREPRENEUR

See Accounting, Marketing & Money



HOW TO TEACH ADULTS (DAY)

Price: \$195

Are you keen to teach adults? Join this hands-on course that will cover: creating a learning climate, how adults learn, group interactions, course planning and evaluation - suitable both for those already tutoring adults or planning to start.

Selwyn Community Education: 203 Kohimarama Road, Kohimarama, Auckland. Ph 521 9623

Saturday 3 + 10 March 9:00am - 5:00pm 2 week course

Mt Roskill Community Education: 37 Frost Rd, Mt Roskill, Auckland. Ph 621 0051

Saturday 25 Aug + 1 Sept 9:00am - 5:00pm 2 week course

Glenfield College Adult and Community Education: 60 Kaipataiki Rd, Glenfield, Auckland. Ph 444 1353

Saturday 27 Oct + 3 Nov 9:00am - 5:00pm 2 week course

Please phone the venue direct to make bookings or visit their websites.

IDENTIFYING POWERFUL DAILY HABITS - (TE KORE)

Price: \$80

This practical course will help you to use self-reflection, awareness and visualisation to develop powerful habits and help you to set and accomplish your goals.

Wednesday 8 August 7:00pm - 8:30pm 4 week course

INTRODUCTION TO FREUD AND JUNG

Price: \$100

This course is an introduction to the theories of two of psychology's greatest thinkers – Freud and Jung. We will unpack some of their particularly interesting theories – about the nature of the unconscious, dreams and symbols. Together we'll look at how those theories of dreams and symbols are relevant to us and our lives.

Monday 3 September 7:00pm - 9:00pm 4 week course

INTRODUCTION TO PSYCHOLOGY

Price: \$150

This fascinating course covers the foundations of psychology, as well as the major theories associated with a number of branches of the subject – biological psychology, social psychology, cognition and perception, developmental psychology and health psychology.

Monday 14 May 7:00pm - 9:00pm 6 week course

Monday 29 October 7:00pm - 9:00pm 6 week course

INTRODUCTION TO SOCIAL MEDIA - KEEPING UP WITH THE KIDS (WEEKEND)

See Computing Skills

LET'S RESEARCH YOUR FAMILY HISTORY (WEEKEND)

See History, Architecture & Society

MEMORISING MADE EASY (WEEKEND)

Price: \$110

This course will suit anyone who wants to memorise more easily or wants to know the secret of keeping the brain active and sharp for longer. Practical strategies will be useful for actors, students, singers, presenters, business people, seniors, hobbyists, the absent-minded, and others.

Saturday	16 June	10:00am - 4:00pm	1 day course
----------	---------	------------------	--------------

MEMORY AND STUDY SKILLS - FOR STUDENTS (WEEKEND)

Price: \$110

Success in study can be experienced by everyone. You just have to know what to do! If you are serious about learning and want to gain the most out of your classes, lectures and personal research, then this course will help you set yourself up for success.

Saturday	8 September	10:00am - 4:00pm	1 day course
----------	-------------	------------------	--------------

SELLING SKILLS FOR SMALL BUSINESS

Price: \$80

Come and learn the essential selling skills for small businesses in retail and service sectors. Look at do's and don'ts and how best to maximize your customer opportunities.

Monday	11 June	7:00pm - 9:00pm	3 week course
--------	---------	-----------------	---------------

SPEAKING WITH CONFIDENCE

Price: \$83

Does the mere thought of public speaking make you want to run a mile? Do you dread presentations? Public speaking is a learned skill. You will learn the techniques and have plenty of practice time. Become a confident speaker, and have fun getting there.

Tuesday	15 May	7:00pm - 8:30pm	5 week course
---------	--------	-----------------	---------------

THE ART OF CONVERSATION

Price: \$72

Never know what to say at a social or networking event? Join us to learn the skills and confidence to introduce yourself in ways that are memorable and how to actively listen to people so you can remember what they're telling you, and how to respond well. These techniques are aimed to help you build rapport with other people.

Wednesday	15 August	7:00pm - 9:00pm	3 week course
-----------	-----------	-----------------	---------------

USING SOCIAL MEDIA TO SKY ROCKET YOUR BUSINESS (WEEKEND)

See Accounting, Marketing & Money

PHOTOGRAPHY



DSLR CAMERAS - BEGINNERS

Price: \$115 - BYO Camera

Learn the basics of DSLR photography and camera modes, aperture, shutter speed, depth of field, night photos and much more.

Wednesday	14 February	7:00pm - 9:00pm	5 week course
Wednesday	9 May	7:00pm - 9:00pm	5 week course
Wednesday	30 July	7:00pm - 9:00pm	5 week course
Wednesday	29 October	7:00pm - 9:00pm	5 week course

DSLR CAMERAS - THE NEXT LEVEL

Price: \$115 - BYO Camera

You know the basics of DSLR, now explore different types of photography and continue your learning.

Wednesday	13 June	7:00pm - 9:00pm	4 week course + 1 field trip
Monday	3 September	7:00pm - 9:00pm	4 week course + 1 field trip

DSLR CAMERAS - CREATIVE

Price: \$115 - BYO Camera

Are you disappointed with the photos you get using the programmed modes on your DSLR? This course will teach you how to control the images you take and be in control of your camera rather than the camera controlling you. Great techniques and professional tips are taught with a very understanding and patient teacher.

Wednesday	1 August	7:00pm - 9:00pm	4 week course + 1 Saturday
-----------	----------	-----------------	----------------------------

DSLR CAMERAS - BEGINNERS WORKSHOP (WEEKEND)

Price: \$95 - BYO Camera

This course is designed as an introduction to the DSLR camera. Bring your own camera.

Saturday	16 June	9:00am - 4:00pm	1 day course
----------	---------	-----------------	--------------



INTRODUCTION TO FLOWER PHOTOGRAPHY

Price: \$75 - BYO Camera

Learn to get creative photos of flowers just like on Facebook, Instagram and Pinterest. Bring your own flowers for easy and practical indoor and outdoor photos.

2 Wed + 1 Sat	21 March	7:00pm - 9:00pm	2 week course + 1 Saturday
2 Wed + 1 Sat	21 November	7:00pm - 9:00pm	2 week course + 1 Saturday

LANDSCAPE PHOTOGRAPHY (WEEKEND)

Price: \$53 - BYO Camera

Landscape photography is aimed at transforming your snaps into beautiful landscape portraits. Come and enjoy a day in the field, incorporating compositional elements, camera setting, equipment, techniques for depth of field and capturing motion and location/perspective.

Saturday	7 April	9:00am - 1:00pm	1 day course
----------	---------	-----------------	--------------

PHOTOGRAPHY: CELEBRATING THE AUCKLAND DOMAIN THROUGH THE SEASONS (WEEKEND)

Price: \$99 - BYO Camera

Come and see the Auckland Domain through the seasons, through the camera lens. Look at the changing light, how colours change throughout the year and during the time of day. Open your eyes to what's around you and record this vision with your camera.

Sunday	8 Apr, 5 Aug, 9 Sep	See website for times	3 sessions
--------	---------------------	-----------------------	------------

PHOTOSHOP - BEGINNERS + THE NEXT STEP

See Computing Skills

STREET ART PHOTOGRAPHY (WEEKEND)

Price: \$42 - BYO Camera

Bring your camera and discover secret art around Auckland. Street art is in the strangest places and never ceases to surprise. This photography course will give you practical support on photographing the walk and art works.

Sunday	11 November	10:00am - 1:00pm	1 day course
--------	-------------	------------------	--------------



TOURS & WALKS



BIRD WATCHING - FOR CHILDREN AND GROWN UPS (WEEKEND)

See Children & Teens

GIBBS SCULPTURE FARM VISIT (DAY)

Price: \$95

Join art historian Linda Tyler from the University of Auckland for a day trip by bus to the famous Gibbs Farm Sculpture Park. Take this opportunity to visit the amazing works by key artists including Andy Goldsworthy, Chris Booth, Len Lye and Richard Serra. There are few better opportunities to engage directly with works of this size and calibre in the Southern Hemisphere. Please check our website for dates following the March tour.

Thursday	22 March	9:00am - 3:00pm	1 day course
----------	----------	-----------------	--------------

HISTORIC AUCKLAND WALKS - GUIDED AUCKLAND CITY WALK (WEEKEND)

Price: \$35

Join us and learn about the Maori and European history of the Auckland isthmus, the trials and tribulations of Auckland's early growth, natural and social history, historic places, public art and heritage art.

Sunday	10 June	10:00am - 1:30pm	1 day course
--------	---------	------------------	--------------

SCULPTURES & MURALS - IN THE CENTRAL CITY (WEEKEND)

Price: \$35

Join us for a central city walk of art that will embrace sculpture, murals and commissioned art and the influence it has on public spaces.

Sunday	16 September	10:00am - 1:00pm	1 day course
--------	--------------	------------------	--------------

STREET ART PHOTOGRAPHY (WEEKEND)

See Photography

TALKING ABOUT ART - AT THE AUCKLAND ART GALLERY (WEEKEND)

See Art & Craft - Other Art

THE ARCHITECTURE OF THE CBD (WEEKEND)

Price: \$40

Come and learn more about some of Auckland's early colonial buildings from Fort Street up to Old Government House. On the way learn about some of the influencers of the time including Walter Lippincott, Sir George Grey and Logan Campbell.

Sunday 6 May 10:00am - 1:30pm 1 day course

THE GEOLOGY, VOLCANOES AND LANDFORMS OF NORTHLAND AND AUCKLAND

Price: \$80

Based on the new book of semi-retired research geologist, paleontologist and marine ecologist Dr Bruce Hayward, this series of lectures and field trip will give a fascinating insight to the geological history of Auckland and Northland.

Wed + 1 Sat 21 March 7:00pm - 8:30pm 3 week course + 1 Saturday

WEST AUCKLAND ART TOUR (DAY)

Price: \$95

Join the art historian Glen Armstrong for an informative and fascinating bus tour to explore the art and art history of Auckland's west. Visit Te Uru Contemporary Art Gallery, The Crown Lynn 'Museum' - Te Toi Uku, McCahon House and Corban Estate in Henderson for a day of 'Art Out West'.

Saturday 16 June 9:30am - 4:30pm 1 day course



WRITING WEEKEND

18/19 AUGUST 2018



the **WOMEN'S**
BOOKSHOP

CREATE A NEW WORLD - OR SHARE THIS ONE!

Welcome to a wonderful weekend of writing workshops. These hands-on sessions offer a range of non-fiction and fiction writing styles to choose from. Try your hand at writing for children, poetry, travel writing, or book reviewing. Start recording family memories or learn how to structure fiction. These workshops will be facilitated by writers who are experts in their field. You will get to meet fellow budding writers and be able to purchase books from The Women's Bookshop display.

9:00am - 10:00am

Join Carole Beu from The Women's Bookshop as she discusses her 'faves and raves' and what makes a really good book. Carole will also have a display of books available for purchase.

FAMILY STORIES TO FICTION

Tutor: Stephanie Johnson 18 + 19 August Sat + Sun 10:00am - 4:00pm \$220

FUNDAMENTALS OF CREATIVE WRITING

Tutor: Thalia Henry, Anne Kayes 18 + 19 August Sat + Sun 10:00am - 4:30pm \$235

HOW TO REVIEW A BOOK

Tutor: Nicholas Reid 18 August Sat 10:00am - 4:00pm \$120

MOMENTS, MEMORIES AND MILESTONES

Tutor: Jill Malcolm 18 + 19 August Sat + Sun 10:00am - 4:00pm \$220

POETRY FOR EVERYONE

Tutor: Vana Manasiadis 18 August Sat 10:00am - 4:00pm \$120

TRAVEL WRITING - WITH YVONNE VAN DONGEN

Tutor: Yvonne van Dongen 18 August Sat 10:00am - 4:00pm \$120

USING CARTOONS TO TELL YOUR STORY

Tutor: Brent Williams 18 August Sat 10:00am - 4:00pm \$120

WRITING CHILDREN'S PICTURE BOOKS

Tutor: Melinda Szymanik 18 August Sat 10:00am - 4:00pm \$120

FULL COURSE INDEX

Abstract Painting - For Beginners.....	12
Abstract Painting - Next Steps.....	12
Accounting - The Basics.....	9
A Journey Up the Nile - A Study of Ancient Egypt.....	61, 82
Allergen Free Cooking.....	41, 53
Allergy Friendly Baking.....	41
Ancient Greece - Trojan Horse to Alexander the Great.....	61, 82
Animation and Cartoons.....	25
Art & Interior Design.....	65, 72
Art Making - For Children (for 6-12 Years).....	23
Art of Māori Flax Weaving - Raranga (@ Parnell).....	14
Art of Māori Flax Weaving - The Next Step (@ Parnell).....	14
Aspiring Young Cooks - Course One (for 8-12 Years).....	25
Aspiring Young Cooks - Course Two (for 8-12 Years).....	25
A Taste of South America.....	37
At Home On The Road.....	80
Auckland Medical Research Foundation: Medical Research.....	8
Australian Indigenous Art and Culture.....	14, 61
Authentic Thai Cooking - Continuation.....	37
Authentic Thai Cooking - Introduction.....	37
Autumn Leaves in Colour.....	12
Ayurvedic Cooking and Nutrition.....	41, 53
Baking with Chocolate - A Mother's Day Treat.....	35
Basic Car Maintenance.....	65
Beginners Drama (for 8-10 years).....	23
Bird Watching - for Children and Grown Ups.....	25
Bitcoin 101 - The Past, Present and Mechanics of Bitcoin.....	9
Body Shape and Colours - How to look your best.....	72, 88
Botanical Drawing and Painting - Auckland Botanic Gardens.....	12
Cake Decorating - Continuation.....	35
Cake Decorating - Introduction.....	35
Cake Decorating - The Basics.....	35
Calligraphy - An Introduction.....	15
Celebrate Christmas with Flowers.....	15, 65
Ceramic Jewellery.....	15
Children's Book Illustration - Character Development.....	15
Children's Book Illustration - Storyboarding / Dummy Book.....	15
Children's Book Illustration - Techniques.....	16
Chinese Mandarin - Beginners.....	75
Chocolates for Halloween (for 7-13 Years).....	26
Christmas Art and Craft (for 6-12 Years).....	26
Christmas Baking.....	44
Christmas Cooking - with Nichole (for 8-12 Years).....	26
Christmas Wreaths - Holiday Workshop (for 6-12 Years).....	26
Citizen Led Solutions to Climate Change.....	8
Coding and Programming (for 8-11 Years).....	27
Cooking Authentic & Traditional Italian Food at Home.....	37
Cooking Creole.....	37
Cooking Delicious Paleo Food.....	41
Cooking - for Beginners.....	34
Crash Course in Container Gardening.....	66
Creating A Calmer You.....	53
Creating a Sustainable Future: The Infinite Game.....	7
Creating Paua Jewellery.....	16, 66
Creating Your Future - Life and Work After 50.....	9
Creativity and Grief.....	16
Cupcake Decorating - for Kids (for 8-12 Years).....	27
DanceFit.....	53
Dancercise - for the 40+.....	54
Dance to the Music.....	84
Declutter and/or Downsize Your Home.....	66
Découpage Under Glass.....	16
Découpage Your Own Garden Pot.....	16
Delicious and Authentic Curries.....	38
De-stress and Relax through Mindfulness.....	54
Develop Rapport and Improve Your Communication.....	88
Dislocation in an Age of Connection: Refugee / Social Media.....	6
Drama Production - Level 1 (for 9-12 Years).....	23
Drama Production - Level 2 (for 9-12 Years).....	23
Drawing for Beginners.....	17
Drawing For Everyone.....	17
Drawing for Fun (for 6-12 Years).....	27
DSLR Cameras - Beginners.....	91
DSLR Cameras - Creative.....	91

DSLR Cameras - The Next Level.....	91
DSLR Cameras - Beginners Workshop.....	91
Effective Planting For Your Garden.....	66
English - Advanced.....	52
English - Beginners.....	51
English Conversation Club - Elementary to Pre-Int'.....	51
English Conversation Club - Intermediate.....	48
English Conversation Club - Intermediate to Upper Int'.....	51
English Conversation Club - Pre-Intermediate.....	48
English Conversation Club - Upper Intermediate.....	48
English - Elementary.....	49, 51
English Fast Track Intensive - Elementary.....	49
English Fast Track Intensive - Intermediate.....	50
English Fast Track Intensive - Pre-Intermediate.....	49
English for Business - Upper Intermediate to Advanced.....	52
English For Work - Pre-Intermediate to Intermediate.....	50
English General IELTS Writing - Upper Int' to Advanced.....	52
English IELTS Preparation - Intermediate to Advanced.....	50, 52
English Improve Your Pronunciation Skills - Int' to Advanced.....	50
English - Intermediate.....	49, 52
English - Pre-Intermediate.....	49, 51
English - Upper Intermediate.....	49, 52
Essential Tools to Market Your Business.....	9
Exploring Bob Dylan.....	84
Fake News: How they practice to deceive.....	7
Family Stories to Fiction.....	95
Fantastic Fish and Seafood.....	44
Fashion Trends of the Past.....	61, 72
Fighting for God.....	7
Flight and Rocketry (for 8-11 Years).....	27
French - Beginners (Level 1).....	75
French - Beginners (Level 2).....	75
French - Beginners (Level 3).....	75
French - Improvers 1 (Level 4).....	76
French - Improvers 2 (Level 5).....	76
French - Intermediate (Level 6).....	76
Friday Conversation Club with Activities - Pre-Int' to Int'.....	48
Fundamentals of Filmmaking - own device (for 11-14 Years).....	27
Fun with Floral Design - Introduction.....	17, 66
Fun with Floral Design - Level 2.....	17, 67
Fundamentals of Creative Writing.....	95
German - Beginners.....	76
German - Improvers.....	76
Get Real - Social and Environmental Awareness for Kids.....	28
Gibbs Sculpture Farm Visit.....	93
Gift Wrapping and Card Making - For Children (for 6-12 Years).....	28
Giotto.....	83
Global Vegan.....	41
Gorgeous Gift Wrapping.....	67
Graphic Design - Beginners.....	31
Greek Cooking Odyssey.....	38
Guitar - Blues - Beginners.....	84
Guitar - Blues - Level 2.....	84
Guitar - Popular.....	85
Hawaiian Moves and Island Grooves (@Parnell).....	85
Healing Kitchen.....	43
Healthy Kids Lunchboxes.....	42
Hindi - Beginners.....	77
Hindi - Continuation.....	77
Hindi & Indian Sweets.....	38
Hissing and Sizzling - Barbecue Brilliance.....	44
Historic Auckland Walks - Guided Auckland City Walk.....	93
How To Create A Sustainable Future.....	62
How to Make Kombucha.....	42
How to Make More Money and Think Like An Entrepreneur.....	10
How to Master Saving and Budgeting.....	10
How to Review a Book.....	95
How to Start an Online Business.....	10
How to Teach Adults.....	89
Identifying Powerful Daily Habits - (Te Kore).....	89
IELTS One Week Intensive Course - Intermediate to Advanced.....	50
Illustrator - for Beginners.....	31
Indian Cooking - Made Easy.....	38
Interior Design Basics.....	72
Interior Design Basics - Workshop.....	73
Interior Design - Mixing & Matching Styles Incl' Shabby Chic.....	73
Introduction to Flower Photography.....	92
Introduction to Freud and Jung.....	89
Introduction to InDesign.....	31
Introduction to Pewter Casting for Jewellery.....	18
Introduction to Psychology.....	89
Introduction to Social Media - Keeping Up with the Kids.....	32
Introduction to Wet Media.....	12
Introduction to Wet Media - Workshop.....	13
Italian - Beginners.....	77

Italian - Continuation.....	77
Italian - for Travellers.....	77
Japanese Cuisine.....	38
Japanese - For Travellers (Beginners).....	77
Japanese Tea Appreciation.....	39
Jewish Festive Foods.....	39
Jewish Sweet & Savoury Dumplings.....	39
Kiwi Culture - Intermediate to Advanced.....	50
Knife Skills 101 - Fish and Chicken.....	34
Knife Skills 101 - Vegetables.....	34
Knitted Wire Jewellery.....	18
Korean Cuisine.....	39
Lampshade Making - The Next Step.....	67, 73
Lampshade Making.....	67, 73
Landscape Photography.....	92
Let's Make a Bokashi Compost Bin.....	68
Let's Make Beeswax Wraps.....	44, 68
Let's Research your Family History.....	62
Little Chef's Cooking Club (for 7-11 Years).....	24
Living with Robots: Humans in a world of smart machines.....	8
Lunch with Peta Mathias.....	45
Make Your Own Beautiful Cook Island 'Ei Katu.....	18
Make Your Own Wings (for 6-12 Years).....	28
Making Chocolates.....	35
Making Macarons.....	36
Making Models - Problem Solving / S.T.E.M. (for 8-11 Years).....	29
Making Sculptures from Found Objects.....	18
Making Soap.....	68
Making Sourdough Bread.....	45
Matcha 101.....	42
Memorising Made Easy.....	90
Memory and Study Skills - for Students.....	90
Mexican Cooking Experience.....	40
Michelangelo.....	83
Microsoft Excel - Advanced.....	32
Microsoft Excel - Beginners.....	32
Microsoft Excel - Intermediate.....	32
Microsoft Word - Beginners.....	33
Microsoft Word - The Next Step.....	33
Mid Winter Flower Arrangements.....	68
Mindfulness - An Urban Retreat.....	19
Modern and Contemporary Drawing.....	40
Modern Middle Eastern Cooking.....	95
Moments, Memories and Milestones.....	62
Monuments From the Roman Empire.....	40
Moroccan Cuisine.....	19
Mosaics.....	55
Natural and Affordable Home Remedies.....	63
New Zealand Art History - An Introduction.....	63
Nineteenth Century French Art History.....	29
Open your Eyes to Drama! (for 8-12 Years).....	29
Out Of This World - Fluoro / Glitter Sculptures (for 6-12 Years).....	29
Painting for Beginners with Acrylics - Workshop.....	13
Painting with Acrylics - For Beginners.....	13
Painting with Acrylics - Next Steps.....	85
Parnell Prima Donnas.....	73
Pattern Alteration and Design.....	19, 69
Perfect Pastries.....	36
Permaculture - An Introduction.....	69
Photography: Celebrating the Auckland Domain Seasons.....	92
Photoshop - Beginners.....	33
Photoshop - The Next Step.....	33
Piano Keyboard Adults - Advanced.....	85
Piano Keyboard Adults - Beginners.....	85
Piano Keyboards Children - Advanced (for 8+ years).....	24
Piano Keyboards Children - Beginners (for 8+ years).....	24
Pilates - Beginners.....	58
Pilates - For Everyone.....	58
Planning A Financial Future.....	10
Poetry For Everyone.....	95
Portrait Drawing - Exploring Faces.....	19
Pottery.....	20
Pottery Intensive Weekend Course.....	20
Preventing Family Violence.....	8
Principles of Small Garden Design.....	69
Producing Vegetables and Fruit from Small Gardens.....	69
Pruning.....	69
Raw Power.....	42
Reggaeton Dancing - Introduction.....	86
Relishes and Chutneys.....	45
Retirement Basics - Planning to Stop Working Sooner.....	11
Robotic Challenge - S.T.E.M. Learning (for 8-11 Years).....	29
Robotics - Level 2 (For 8-11 Years).....	29
Salsa and Bachata Dancing - For Beginners.....	86

Sculptures & Murals - in the Central City.....	93
Secrets of Italian Architecture.....	63
Self Hypnosis - for Self-Healing and Growth.....	55
Selling Skills for Small Business.....	11, 90
Selwyn Community Arts Theatre (SCAT).....	86
SEO For Small Business.....	11
Sewing - For Beginners.....	74
Sewing - for Children (for 9-12 Years).....	30
Sewing - Next Steps.....	74
Sewing Weekend - For Beginners.....	74
Shake, Rattle 'n' Roll.....	86
Simply Sauerkraut.....	43
Sketching Animals at the Zoo.....	20
Soap Making - for Children (for 7-12 Years).....	30
Soft Stone Sculpture.....	21, 70
Soothing Salves and Luxurious Lotions.....	55
Spanish - Beginners (Level 1).....	78
Spanish - (Level 2).....	78
Spanish - (Level 3).....	78
Spanish - (Level 4).....	78
Spanish - Practical Conversación Español! (Level 5).....	79
Spanish Tapas.....	40
Speaking with Confidence.....	90
Street Art Photography.....	92
Sugar Free Living - One Day Course.....	55
Surya Namaskara - Salute to the Sun.....	59
Sushi Making - for Kids (for 8-12 Years).....	30
Tai Chi - Elementary.....	57
Tai Chi - Elementary @ Orakei.....	57
Tai Chi - Level 2.....	57
Talking About Art - At the Auckland Art Gallery.....	21
Te Reo Māori - Introductory (Level 1).....	79
Te Reo Māori - (Level 2).....	79
Thai - For Travellers.....	79
The Architecture of the CBD.....	94
The Art and Craft Movement - Morris to Lloyd Wright.....	21, 63
The Art of Conversation.....	79, 90
The Art of Folding Books.....	21
The Art of Paper Collage.....	21
The Beatles - Before, Behind and Beyond.....	86
The Geology, Volcanoes & Landforms of Northland/Auckland.....	94
The Rise and Fall of the Roman Empire.....	64, 82
The Tea Party.....	45
The Value of Migration.....	7
Tivaevae - Cook Islands Quilting.....	74
Traditional French Tarts.....	36
Travel Writing - with Yvonne van Dongen.....	80, 95
Turkish Cuisine.....	40
Ukulele - For Beginners.....	87
Ukulele - Intermediate.....	87
Ukulele - The Next Step.....	87
Understanding and Talking about Contemporary Art.....	22
Understanding India.....	64, 80
Understanding Your 'Cerebellar-Self' - Brains of Sharks.....	6
Upholster Your Own Bed Headboard.....	70
Upholster Your Own Footstool.....	70
Urban Biodiversity: Does it have value and are we losing it?.....	6
Using Cartoons to Tell Your Story.....	95
Using Native Plants for Healing.....	56
Using Social Media To Sky Rocket Your Business.....	11
Walking the Camino de Santiago.....	80
Watercolours - Introduction.....	13
Watercolours Workshop - Introduction.....	13
Weaving Beautiful Baskets.....	22, 70
West Auckland Art Tour.....	94
West Coast Swing - For Over 50's.....	87
What's in a Dress? Male Aversion to Women's Clothing.....	7
When In Northern Italy.....	81
When In Rome.....	81
When In Southern Italy.....	81
William Morris to Frank Lloyd Wright and the NZ Link.....	82
Women in Islam.....	64
Woodwork and Furniture Restoration - Beyond Beginners.....	71
Woodwork for Beginners.....	71
Writing Children's Picture Books.....	95
Writing Your Memories.....	83
Xero Web Based Accounting: Getting Started.....	11
Yin Yoga.....	59
Yoga - Beginners.....	59
Yoga - Continuing.....	60
Yoga - For Children and Families (for 6-10 Years).....	24, 30
Yoga - For Everyone.....	60
Yoga Nidra.....	60
Yoga - @ Orakei.....	60

GENERAL INFORMATION



COURSE START DATES:

See individual courses for detailed start dates.

Term 1: Monday 12 February

Term 2: Monday 7 May

Term 3: Monday 30 July

Term 4: Monday 15 October

No classes on public holidays:

Easter: 30 March - 2 April.

Anzac Day: Wednesday 25 April.

Queen's Birthday: Monday 4 June.

Labour Day: Monday 22 October.



OFFICE HOURS:

Monday, Tuesday and Wednesday: 9:00am - 9:00pm, **Thursday and Friday:** 9:00am - 3:00pm

School-holidays: When courses are running the office is open from 9:00am - 4:00pm.

Office Closed: From Friday 14th December 2018, until 8 Jan 2019.



FINDING THE OFFICE: We are located at the front of Selwyn College to the left of the main reception in the administration building (203 Kohimarama Road, Kohimarama, via Gate 2).



FINDING YOUR CLASSROOM: On the first day or evening of your class, come to the Community Education office where you will be met and given directions to your classroom.



FEES: Places are only guaranteed once payment is received.
All fees are GST inclusive.



ENROLMENTS: All courses need a minimum number to proceed. If we do not have enough enrolments to proceed, we will let you know approximately five days prior to the scheduled start date. Please enrol early to avoid disappointment. There may be opportunities for late enrolments on some courses and some may have waiting lists. Please phone the office to enquire.



ENROLMENT CONFIRMATION: If you have supplied an email address you will receive a reminder of your course start date a couple of days before the course. If you do not hear from us, check our website for up-to-date times and dates. Lists for classes requiring "materials" will be emailed approximately one week before the class starts.



REFUNDS AND TRANSFERS: Refunds will not be given for withdrawals or transfers within 5 days (2 weeks for ESOL) of the class starting or once a class has started. If a class has insufficient enrolments we will advise you and a transfer or full refund will be offered.
If you are unable to attend a course and provide us with at least five working days notice before the course starts we will refund you, or transfer you, less a \$20 administration fee.



CHANGES TO PROGRAMME: In the case of unforeseen circumstances, we reserve the right to change the advertised programme and/or tutor. Every effort will be made to advertise such changes. Please check our website for up-to-date information.

CHECK OUT THE LATEST ADDITIONS AND UPDATES AT: www.selwyncomed.school.nz



CARS AND PARKING:

The main carpark is situated at the front of the school. There is parking around the ASB Stadium which adjoins the school. Parking is not permitted in gateways or on grassed areas. Vehicles that block access or are incorrectly parked may be towed away. The carpark is locked from 9:15pm.

Evening Courses: Parking is available on the school grounds but can often be limited. There may be parking in the ASB Stadium carpark which adjoins the school, or if not there is street parking close to the school.

Weekend Courses: There is normally ample parking on the school grounds.

Weekday Courses: There is no parking on the school grounds. There may be parking in the ASB Stadium carpark which adjoins the school, or if not there is street parking close by.



DISABLED PARKING:

A disabled car park is labelled and available beside the Selwyn Community Education office. Users of the disabled parks must display a permit.



NO SMOKING:

Smoking is not permitted anywhere in or around school buildings or anywhere within the school grounds.



PERSONAL PROPERTY / LIABILITY:

Please do not leave valuables in your car or unattended in classrooms.

The Selwyn College Board of Trustees will in no way be liable for any loss resulting from any damage to, or the theft of, any property belonging to an employee or a student. Accordingly, an employee or student must arrange his or her own personal insurance to cover loss or damage to personal property while it is situated at the College.



To minimise the risk of damage, employees and students should ensure that their personal property is secured, preferably in alarmed areas, and that vehicles are parked in allocated parking spaces.



ON OUR EMAILING LIST?

Sign up to keep up to date with new events and special offers.

This programme will be constantly reviewed and amended during the year. Please check our website for the latest updates.

www.selwyncomed.school.nz



EDUCATE EXPLORE EXPERIENCE



SELWYN
COMMUNITY
EDUCATION

**20
18**

www.selwyncomed.school.nz

Phone: 09 521 9623 Email: info@selwyncomed.school.nz
203 Kohimarama Road, Kohimarama



SHORT COURSES FOR EVERYONE